



## INFORMATION BULLETIN

### CANADIAN CHAMPIONSHIPS IN ARTISTIC GYMNASTICS

#### GENERAL INFORMATION

##### Contact Us

Meet Director	Bonnie DeGroot <a href="mailto:bdegroot@gymcan.org">bdegroot@gymcan.org</a> 403.561.3805
National Events Manager	Martin Sanio <a href="mailto:msanio@gymcan.org">msanio@gymcan.org</a>
Communications Coordinator	Taylor Matthews <a href="mailto:comms@gymcan.org">comms@gymcan.org</a>
WAG Program Manager	Amanda Tambakopoulos <a href="mailto:amanda@gymcan.org">amanda@gymcan.org</a>
MAG National Team Head Coach	Ed van Hoof <a href="mailto:edvanhoof@gymcan.org">edvanhoof@gymcan.org</a>
HP Program Coordinator	Kristen Leblanc <a href="mailto:kleblanc@gymcan.org">kleblanc@gymcan.org</a>

##### Admission Information

- \$15 per day or \$40 pass for entire event
- All payments will be credit/debit card (no cash on site)

##### Volunteer Sign-Up

- Please forward this to all clubs. We are still looking for volunteers to help make our first in person Artistic National Championships in two years a success!
- [Click here to sign up.](#)

## TEAM INFORMATION

### Draft Schedule

- The latest draft of the competition and podium training schedule (times only) is attached below (see page 3)
- More information will be sent in the workplans for each province

### Extra Training (Off-Site)

- Requests begin on May 9th
- All training requests will be on a first come first serve
- Requests for training time will only be accepted via email (see attached schedule on page 6)
- Training requests will be confirmed with time and location

### Advanced Leo Orders

- Pre-order official Leotard for Canadian Championships 2022 at [boutiquegym.ca](https://boutiquegym.ca)
- All pre-orders can be picked up during Canadian Championships May 27-31 in Richmond BC by selecting pick up in store (pick up will be from the BoutiqueGYM booth)
- All event leos are final sale

## JUDGE AND COACH INFORMATION

### Judges/Coaches Mealtimes

- Judges' meals will be served in judges meeting room
- Coaches' meals will be served in the Tent outside the facility
- The full schedule for Judges, Coaches, and volunteers can be found on page 7

### Shuttle for Judges

- All shuttle pick up/drop offs will be at the Sheraton
- Tentative shuttle pick up/drop off schedule (see below on page 8)
- Changes could be adjusted, this is not a final schedule



## DRAFT SCHEDULE

Thursday, May 26			
CCP	HP	MAG	RGA
Set Up (7:00-12:00)			
Podium Training 13:00-13:20 13:20-14:20	Novice (32) 13:00-13:20 13:20-15:20	Podium Training Elite 4/Junior 13:00-15:45	14:00-19:00
14:30-14:50 14:50-15:50	Junior (32) 15:30-15:50 15:50-17:50	Open 16:00-18:00	
16:00-16:20 16:20-17:20			
17:30-17:50 17:50-18:50	Senior (32) 18:00-18:20 18:20-20:20	Senior 18:00-20:00	
19:00-19:20 19:20-20:20			

Friday, May 27				
CCP	HP	MAG	RGA	Delta
Podium Training 8:00-8:20 8:20-9:20	Junior Training 8:00-8:20 8:20-9:20	Senior Training 8:00-11:00	14:00-19:00	8:00am - 10:00am 2 grp of 8
9:30-9:50 9:50-10:50	Senior Training 9:30-9:50 9:50-10:50	Elite 4 Training 11:00-13:00		10:30am -12:30pm 1:00pm - 3:00pm
9 11-13 (35) Day 1 11:10-11:30 W/U 11:30-14:30 Comp Team Awards	Novice (32) Day 1 16:00-16:20 G W/U 16:20-17:24 S W/U 17:30-19:30 Comp	Junior Training 13:00-16:00 Open Training 16:00-19:00		2 groups of 8
10 12-15 (30) Day 1 16:00-16:20 W/U 16:20-19:00 Comp Team Awards				



## DRAFT SCHEDULE

Saturday, May 28				
CCP	HP	MAG	RGA	Delta
9 14+ (24) Day 1 8:00-8:20 - W/U 8:20-10:20 - Comp	Novice/Senior Training 9:00-11:45	Elite 4/JR/Open/SR Training 8:00-11:20		
9 14+ (24) Day 1 10:30-10:50 - W/U 10:50-12:50 - Comp Team Awards		Junior Day 1 11:30-13:00 - W/U 13:00-15:30 - Comp Junior Team Awards		
CCP Training 13:30-17:30	Junior (32) Day 1 12:00-12:20 - G W/U 12:20-13:24 - S W/U 13:30-15:30 - Comp	Senior Day 1 16:15-17:45 W/U 17:45- 20:15 - Comp		Training 16:00-21:00
CCP Training 19:30-21:00	Senior (32) Day 1 16:15-16:35 - G W/U 16:35-17:40 - S W/U 17:45-19:45 - Comp			

Sunday, May 29				
CCP	HP	MAG	RGA	Delta
10 16+ (24) Day 1 8:00-8:20 - W/U 8:20-10:20 - Comp	Training 8:00-9:45	All MAG training 8:00-9:45		
10 16+ (24) Day 1 10:30-10:50 - W/U 10:50-12:50 - Comp Team Awards	Novice (32) Finals 10:00-10:20 - G W/U 10:20-11:44 - S W/U 11:45-13:45 - Comp Awards	Elite 4/Open Day 1 10:00-11:30 - W/U 11:30-14:00 - Comp Open Team Awards		
10 12-15 (24) Finals 13:40-14:00 - W/U 14:00-16:00 - Comp Awards	Training 14:30-21:00	All MAG training 14:30 - 21:00		Training 16:00-21:00
CCP Training 17:00-21:00				



## DRAFT SCHEDULE

Monday, May 30				
CCP	HP	MAG	RGA	Delta
9 11-13 (24) Finals 8:30-8:50 - W/U 8:50-10:50 - Comp Awards	Senior Training 9:00-11:45			8:00-10:00
				10:30-12:30
9 14+ (24) Finals 12:30-12:50 - W/U 12:50-14:50 - Comp Awards	Junior (32) Finals 12:00-12:20 G W/U 12:20-13:24 S W/U 13:30-15:30 Comp Awards	Elite 4/Junior/Open Finals 11:30-13:00 - W/U 13:00-15:30 - Comp Awards	14:00-19:00	13:00- 15:00
10 16+(24) Finals 16:10-16:30 - W/U 16:30-18:30 - Comp Awards	Senior (32) Finals 17:00-17:20 G W/U 17:20-18:24 S W/U 18:24-20:24 Comp Awards	Senior Finals 17:00-18:00 - W/U 18:00 -20:00 - Comp Awards		
Takedown 21:00				



## OFF-SITE TRAINING SCHEDULE

THURSDAY, MAY 26	FRIDAY, MAY 27	SATURDAY, MAY 28	SUNDAY, MAY 29
<b>RGA</b> 2:00-7:00 PM	<b>DELTA *</b> 8:00-10:00 AM	<b>DELTA</b> 4:00-9:00PM	<b>DELTA</b> 4:00-9:00PM
	<b>DELTA *</b> 10:30 AM – 12:30 PM	<b>PHOENIX *</b> 6:00-9:00 PM	<b>PHOENIX *</b> 6:00-9:00 PM
	<b>DELTA *</b> 1:00-3:00 PM		
	<b>RGA</b> 2:00-7:00 PM		

\* 1 GROUP OF 8 WAG AND 1 GROUP OF 8 MAG

<b>RGA</b> #140, 7400 River Rd, Richmond BC 604-278-3614	<b>DELTA</b> 4860 Clarence Taylor Crescent, Delta BC 604-943-0460	<b>PHOENIX</b> 4588 Clacy Loranger Way, Vancouver BC 604-737-7693
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## MEALTIME SCHEDULES

JUDGES	BREAKFAST (Venue)	LUNCH (Venue)	DINNER (Venue)
Friday, May 27		10:30-12:30 PM	3:30-5:00 PM (Snacks 7-8:30 PM)
Saturday, May 28	7:00-9:00 AM	12:00-2:00 PM	4:00-6:00 PM
Sunday, May 29	7:00-9:00 AM	1:00-3:00 PM	5:00-7:00 PM
Monday, May 30	7:30-9:30 AM	12:00-2:00 PM	5:00-7:00 PM

COACHES	BREAKFAST (Venue)	LUNCH (Venue)	DINNER (Venue)
Friday, May 27	7:30-9:30 AM	12:00-2:00 PM	5:00-7:00 PM
Saturday, May 28	7:30-9:30 AM	11:30-2:30 PM	3:30-5:30 PM
Sunday, May 29	7:30-9:30 AM	2:00-4:00 PM	5:30-7:30 PM
Monday, May 30	8:00-10:00 AM	12:00-2:00 PM	4:30-6:30 PM

VOLUNTEERS	BREAKFAST (Venue)	LUNCH (Venue)	DINNER (Venue)
Friday, May 27	10:00 AM	2:00 PM	4:00 PM
Saturday, May 28	10:00 AM	2:00 PM	4:00 PM
Sunday, May 29	10:00 AM	2:00 PM	4:00 PM
Monday, May 30	10:00 AM	2:00 PM	4:00 PM



## JUDGES' SHUTTLE SCHEDULE

Please note the time listed is when the bus will be leaving, please be ready 10 minutes prior to.

### THURSDAY, MAY 26

DEPARTURE TIME	FROM	TO
12:30:00 PM	Hotel	Venue
1:00:00 PM	Hotel	Venue
2:30:00 PM	Hotel	Venue
2:45:00 PM	Venue	Hotel
3:15:00 PM	Hotel	Venue
3:30:00 PM	Venue	Hotel
3:45:00 PM	Hotel	Venue
4:00:00 PM	Venue	Hotel
4:15:00 PM	Hotel	Venue
5:30:00 PM	Hotel	Venue
6:00:00 PM	Venue	Hotel
6:15:00 PM	Hotel	Venue
9:30:00 PM	Venue	Hotel

### FRIDAY, MAY 27

DEPARTURE TIME	FROM	TO
8:00:00 AM	Hotel	Venue
8:30:00 AM	Hotel	Venue
9:30:00 AM	Hotel	Venue
9:45:00 AM	Venue	Hotel
10:00:00 AM	Hotel	Venue
2:45:00 PM	Hotel	Venue
3:00:00 PM	Venue	Hotel
6:30:00 PM	Hotel	Venue
6:45:00 PM	Venue	Hotel
7:00:00 PM	Hotel	Venue
7:30:00 PM	Venue	Hotel
8:00:00 PM	Venue	Hotel
9:00:00 PM	Venue	Hotel
10:00:00 PM	Venue	Hotel
10:30:00 PM	Venue	Hotel
11:00:00 PM	Venue	Hotel
11:30:00 PM	Venue	Hotel





**SATURDAY, MAY 28**

DEPARTURE TIME	FROM	TO
7:00:00 AM	Hotel	Venue
7:30:00 AM	Hotel	Venue
9:30:00 AM	Hotel	Venue
10:45:00 AM	Venue	Hotel
12:00:00 PM	Hotel	Venue
12:15:00 PM	venue	Hotel
12:30:00 PM	Hotel	Venue
1:15:00 PM	Venue	Hotel
3:45:00 PM	Venue	Hotel
4:45:00 PM	Hotel	Venue
9:30:00 PM	Venue	Hotel
10:00:00 PM	Venue	Hotel

**SUNDAY, MAY 29**

DEPARTURE TIME	FROM	TO
7:00:00 AM	Hotel	Venue
7:30:00 AM	Hotel	Venue
9:30:00 AM	Hotel	Venue
10:30:00 AM	Hotel	Venue
10:45:00 AM	Venue	Hotel
11:00:00 AM	Hotel	Venue
12:30:00 PM	Hotel	Venue
12:45:00 PM	Venue	Hotel
1:15:00 PM	Venue	Hotel
1:30:00 PM	Hotel	Venue
2:00:00 PM	Venue	Hotel
2:30:00 PM	Venue	Hotel
4:30:00 PM	Venue	Hotel



**MONDAY, MAY 30**

<b>DEPARTURE TIME</b>	<b>FROM</b>	<b>TO</b>
7:30:00 AM	Hotel	Venue
8:00:00 AM	Hotel	Venue
11:00:00 AM	Venue	Hotel
11:30:00 AM	Hotel	Venue
12:00:00 PM	Hotel	Venue
12:15:00 PM	Venue	Hotel
12:30:00 PM	Hotel	Venue
1:00:00 PM	Venue	Hotel
1:15:00 PM	Hotel	Venue
3:00:00 PM	Venue	Hotel
3:15:00 PM	Hotel	Venue
4:00:00 PM	Venue	Hotel
5:00:00 PM	Hotel	Venue
5:30:00 PM	Hotel	Venue
7:00:00 PM	Venue	Hotel
8:30:00 PM	Venue	Hotel
9:00:00 PM	Venue	Hotel

