

#BCGYMNAESTRADA



# 2022 BC GYMNAESTRADA



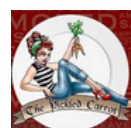
*Oh, the Places You'll Go!*

**JUNE 5, 2022**  
**COMOX COMMUNITY CENTRE**

**FRANKIE'S**  
[ Resto-Bar ]



**SURF GROVE**  
BEACHSIDE  
CAMPGROUND  
tofino





Welcome



**O**n behalf of Gymnastics BC and Chimo Gymnastics, welcome to the 2022 BC Gymnaestrada: Oh, the Places You'll Go!

We are pleased to welcome you to a day of movements, routines and costumes inspired by fairytales, entrancing storylines, and wild and wonderful adventures!

Gymnasts from across the province have gathered at the Chimo Community Centre to perform at this event, celebrated as the largest recreational gymnastics extravaganza in BC! The performances that you are about to see celebrate movement as participants share in the fun and excitement of demonstrating their physical, technical and creative abilities.

Gymnaestrada is for everyone — regardless of age, gender and ability; its goals are to promote the growth of Gymnastics For All, encourage joy in exercise and demonstrate the development of the participants.

We hope you enjoy the show!



Welcome



I am pleased to welcome you to the 2022 BC Gymnaestrada: Oh, the Places You'll Go! held in picturesque Comox, BC. Gymnastics BC is proud to host this exciting event alongside Chimo Gymnastics Club.

Gymnastics BC is honored to add Chimo Gymnastics to our roster of outstanding club hosts; their commitment, enthusiasm, and passion for promoting recreational gymnastics has exceeded all of our expectations—we recognize and appreciate everything this year's organizing committee has done to make this event a success.

Since 1969, Gymnastics BC has been providing leadership in the growth and development of gymnastics throughout the province. The BC Gymnaestrada is the largest Provincial recreational gymnastics event in BC. Athletes of all ages, abilities and skill levels will perform this weekend, embracing the philosophies of Gymnastics for All and Gymnastics for Life.

For some, this may be their first time performing outside of their club. For others, this may be a step towards Canadian Gymnaestrada taking place over Canada Day Weekend in Alberta this year, and the World Gymnaestrada event that will be held in Amsterdam in 2023. For all, we hope it will be a fun and rewarding experience.

An event of this magnitude is not possible without the support from the local community here in Comox. A very special and heartfelt thank you to all of the volunteers, sponsors and supporters for their commitment to promoting healthy and active lifestyles in BC!

To the participants: good luck and have fun! You have worked hard for this moment, enjoy it! Thank you also to the coaches—your hard work and commitment is why gymnastics in B.C. continues to grow and thrive. And to the families, friends, and fans: we hope you enjoy a wonderful weekend celebrating Gymnastics For All!

A handwritten signature in black ink, appearing to read "Jennifer Lyster".

Jennifer Lyster - Chair, Gymnastics BC



## ABOUT GYMNASTICS BC

### GymBC Vision

To be a provincial leader in the delivery of quality foundational and high performance programs and services that foster lifelong sport participation.

### Mission

To provide positive and diverse gymnastics experiences for province-wide participation at all levels.

### Values

- **Excellence.** We conduct our activities at the highest possible standards.
- **Leadership.** We are recognized as an organizational leader within the British Columbia sport community and Canadian gymnastics community.
- **Transparency.** We disclose information, opportunities, and decisions in a clear, open and accessible manner.
- **Ethical.** We ensure a safe environment for all gymnastics participants, encourage fair play and adherence to the spirit of the rules.
- **Professional.** We establish and pursue educational opportunities that will allow our gymnastics community to grow and prosper.
- **People.** We recognize, support, and celebrate the contributions and successes of our athletes, coaches, officials, volunteers, club members, and staff.

### Membership

- 71 full member clubs
- 32,778 recreational gymnasts
- 2,831 competitive gymnasts
- 1,044 coaches
- 174 judges

### Governance

- Chair: Jennifer Lyster
- Board of Directors
- Finance Committee
- Personnel Committee
- Governance Committee
- Awards & Scholarships Committee
- Technical Committees (WAG, MAG, TG and GFA)
- Chief Executive Officer: Nigel Loring
- Full-time and Part-time staff

Gymnastics BC (GymBC) is the provincial sport organization responsible for the governance, development and promotion of gymnastics in BC. As the fourth largest Provincial Sport Organization (PSO) in BC and the third largest gymnastics PSO in Canada, GymBC actively works towards fostering the development of gymnastics in BC and offers support to athletes, coaches, judges, and parents.

Gymnastics BC is made up of full member clubs and other affiliated organizations, individual members, the Board of Directors, volunteer committees and the provincial office staff.

### What does GymBC do?

As a provincial body, Gymnastics BC delivers competitive and recreational programs and services for our members. We are committed to supporting the gymnastics community in the province and making participation easy and safe.

While supporting our members, we:

- train and certify high-quality coaches and judges,
- ensure that gymnastics remains an inclusive and accessible sport,
- provide safe opportunities for our esteemed athletes, and
- help athletes succeed in gymnastics, and in life.

### How many staff work at the provincial office?

The GymBC team is currently comprised of seven full-time and two part-time staff.

### The staff at the provincial office make the rules, right?

Actually, no. Most of the policies and procedures governing GymBC are developed and approved by volunteer committees, the volunteer board of directors or the membership as a whole. The provincial office staff provide member services, administrative assistance, continuity and research.

### Can I get more information about what goes on at GymBC?

Absolutely! Anyone interested in keeping up with gymnastics in B.C. can sign up to receive a variety of GymBC communications.

Visit <https://gymbc.org/subscribe/> to learn more and sign-up!

To learn more about Gymnastics BC, please visit: [www.gymbc.org](http://www.gymbc.org)



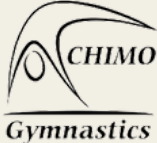



Sunday, June 5

SHOW 1: 9:15 A.M. - 10:45 A.M.

DOORS OPEN 8:45 A.M.  
MARCH-IN 9:15 A.M.

<b>Chimo Gymnastics</b> <i>Chimo</i> Oh, the Places You'll Go!	<b>Kelowna Gymnastix</b> <i>Kelowna Gymnastix Gymnaestrada Team</i> Ballroom Dancing Gone Wrong
<b>Island Rhythmic Gymnastics</b> <i>The Monarchs</i>	<b>Whistler-Pemberton Gymnastics</b> <i>Pemberton Performance</i> How Bad Can It Be?
<b>Twisters Gymnastics</b> <i>Angels and Demons</i>	<b>White Rock &amp; TAG Sports</b> <i>Team Lightning</i>
<b>Illusions Rhythmic Gymnastics</b> <i>Performance Display</i> Let's Get Loud	<b>Whistler-Pemberton Gymnastics</b> <i>Pemberton Performance 2</i> Celebrate
<b>Splitz Gymnastics</b> <i>Splitz Gymnastics Cloverdale &amp; Abbotsford</i> Endless Possibilities	<b>Illusions Rhythmic Gymnastics</b> <i>Provincial Display</i> Disco Inferno
<b>Gym Sense Gymnastics</b> <i>Jedi Wizards</i>	<b>Pacific Rim Gymnastics</b> <i>Pacific Rim Gym</i> Kids Who Care: The Lorax







Sunday, June 5

SHOW 2: 11:45 A.M. - 1:15 P.M.

DOORS OPEN 11:15 A.M.  
MARCH-IN 11:45 A.M.

**Chimo Gymnastics**  
*Chimo*  
Oh, the Places You'll Go!

**Club Aviva Gymnastics**  
*Join the Party*

**White Rock Gymnastics**  
*Chronicles of Narnia*

**Island Rhythmic Gymnastics**  
*The Monarchs*

**Nanaimo Gymnastics School**  
*NGS Family*  
The Neverending Story

**VIP Gymsports**  
*VIP Gymsports*  
Alice in Wonderland

**Duncan Dynamics**  
*Balance in Colour*  
Kicking Out

**White Rock & TAG Sports**  
*Team Lightning*

**Club Aviva Gymnastics**  
*I Don't Know Why*

**Illusions Rhythmic Gymnastics**  
*Provincial Display*  
Disco Inferno

**Pacific Rim Gymnastics**  
*Pacific Rim Gym*  
Kids Who Care: The Lorax







## Performing Groups



**Group Name:** Chimo  
**Display Name:** Oh, the Places You'll Go!  
**Choreographer:** Twyla Ryan  
**Coaches:** Riley McEachnie, Kelly Heffernan

**Performers:** Tessa Bosio, Ainsley Campbell, Abigail Dufault, Niquita Colette Fortich-Balatbat, Adriana Garbe, Sanne -Lise Garbe, Betty Golding, Ayla Mcmillan, Finley Pederson, Mya Terlicher, Natalie Torres, Aletheia Urstad

Club Aviva  
Gymnastics



**Group Name:** Join the Party  
**Choreographers:** Shayla Symes, Krista MacGregor  
**Coaches:** Shayla Symes, Lillian Armstrong, Vivien Symington

**Performers:** Beatrix Au, Kayley Au, Alessia Gargiulo, Anika Luketic, Sierra Mann, Anika Negi, Zaara Punjani, Rory Sison, Natasha Spilchen, Arahbella Tanious, Anthea Wong, Paige Wong, Vincy Yip

Club Aviva  
Gymnastics



**Group Name:** I Don't Know Why  
**Choreographers:** Allison Beyer, Shayla Symes  
**Coaches:** Allison Beyer, Shayla Symes, Vivien Symington

**Performers:** Tessa Bosio, Ainsley Campbell, Abigail Dufault, Niquita Colette Fortich-Balatbat, Adriana Garbe, Sanne -Lise Garbe, Betty Golding, Ayla Mcmillan, Finley Pederson, Mya Terlicher, Natalie Torres, Aletheia Urstad





## Performing Groups

### Duncan Dynamics



**Group Name:** Balance in Colour  
**Display Name:** Kicking Out  
**Choreographer:** Mary Morice  
**Coaches:** Mary Morice

**Performers:** Frances LeGear-Bissoon, Kady Thomas, Kylie Butler, Maika Jay, Priya Dhami, Riley Verlander

### Gym Sense Gymnastics Inc.



**Group Name:** Jedi Wizards  
**Choreographer:** Shoane Molefe  
**Coaches:** Lucinda Donaldson, Shoane Molefe, Claire Desmeules

**Performers:** Tintera Bracken, Taly (Jasmine) Archambault, Ruth McAlear, Sofia Alarcon Zaragoza, Samantha Manaois, Isabella Di Tomaso, Evelyn Beales, Sequoia Penketh, Reid Holdon, Callista Wincey, Nora Kluff, Luna Forever, Caitlyn Phan, Julie Nguyen, Valeria Montes

### Illusions Rhythmic Gymnastics Club



**Group Name:** Disco Inferno  
**Display Name:** Provincial Display  
**Choreographers:** Jocalyn Kulba & Amberlea Pepper  
**Coaches:** Amberlea Pepper, Jocalyn Kulba, Karen Bauer

**Performers:** Mylee Appeldoorn, Savannah Bird, Kayla Jung, Olivia Marks, Selah Marks, Jenna O'Byrne, Sophia Smith, Natalie Gardner





## Performing Groups

### Illusions Rhythmic Gymnastics Club



**Group Name:** Let's Get Loud  
**Display Name:** Performance Display  
**Choreographers:** Jocalyn Kulba & Amberlea Pepper  
**Coaches:** Amberlea Pepper, Jocalyn Kulba, Karen Bauer

**Performers:** Lucy Thiessen, Marina Bauer, Megan Culpepper, Isabelle Eddie, Abigail Eddie, Tanis Howerton, Olivia Emery, Lieschen De Jager

### Island Rhythmic Gymnastics Club



**Group Name:** The Monarchs  
**Choreographers:** Angela Frattaroli, Julie Levasseur, Sarah Katz  
**Coaches:** Angela Frattaroli, Danielle Frattaroli, Sarah Katz

**Performers:** Chloe Adam, Ava Bate, Claire Boutillier, Vivian Chen, Ella Dompierre, Brooklyn Finn, Shelby Hubenig, Ava Jardim, Marsy Leitch, Nyomi Mader, Tori-Ann Mkinnon, Megan Osborne, Czarina Sandness, Bella Silva, Felicia Sullivan, Mai-Ly Tran, Mackenzie Fleming

### Kelowna Gymnastix



**Group Name:** Kelowna Gymnastix Gymnaestrada Team  
**Display Name:** Ballroom Dancing Gone Wrong  
**Choreographer:** Amé van Zyl  
**Coach:** Amé van Zyl

**Performers:** Jennifer Diemand, Sofia Fisher, Heidi Forneris, Piper Kiehlbauch, Avry Patton, Emma Rawlinson, Lola Robillard, Garret Shadick





## Performing Groups

### Nanaimo Gymnastics School



**Group Name:** NGS Family

**Display Name:** The Neverending Story

**Choreographers:** Brianna Rapanos, Tihanna Wright, Louise Demers

**Coaches:** Brianna Rapanos, Tihanna Wright, Louise Demers

**Performers:** Kaidyn Sutherland, Brynn Cunnian, Luci Tyre, Hailey Kirkbride, Tabitha Carson, Keelyn Wilkinson, Celia Wood, Myelle MacNeal, Gianna Phillips, Marley Hyde, Isla Jacklin, Emmy Chen, Pattyra Pomsinsub, Isabelle Servais, Aylan Vincent, Adah Godley, Natalina Reginato, Madeleine Mann, Emily Sloan, Chloe Carson, Kate Byrne, Camryn Byrne, Alice Doniol-Valcroze, Tessa Coyle

### Pacific Rim Gymnastics



**Group Name:** Pacific Rim Gym

**Display Name:** Kids Who Care: The Lorax

**Choreographers:** Zoe Watson, Lindsay Kerdman, Shelby McCreesh, Keanna Hasz

**Coaches:** Keanna Hasz, Shelby McCreesh, Zoe Watson

**Performers:** Daphne Hurwitz, Keira Killins, Summer Murray, Mila Beason, Violet Penny, Imogen Aspinall, Ayla Killins, Arkoa Kariatsumari, Yemaya Windle, Calla Hurwitz, Clara Epp, Katie Mills, Sydney Craig, Lilly Loiselle, Olive Woodland, Summer Murray, Raphael Adair, Ella Greigg, Annie Lax, Numa Travis

### Splitz Gymnastics Centres Ltd.



**Group Name:** Splitz Gymnastics Cloverdale and Abbotsford

**Display Name:** Endless Possibilities

**Choreographers:** Jordanne, Megan, Rachel, Taya, Francesca

**Coaches:** Megan Morris, Jordanne Dunbar, Francesca Garfias, Taya Velikajne, Rachel Bellemare, Madisen Singer

**Performers:** Lillian Lachner, Haylie Mann, Danika Vavruska, Kara Reid, Alexandria Drummond, Luciana Machuca, Tiya McCarthy, Mina Tseng, Eshanya Singh, Abby Duncan, Natalia Russell, Mikayla Hawley, Isla Reid, Aria Pound, Hannah Braedar, Elin Graham, Emily Heath, Kaitlyn Shendruk, Molly Shantz, Aubrey Hawley, Jessica Vavruska, Georgia Thornton, Liv Slade, Lavisha Sharma, Olivia Ugoalah, Kennedy Peacock, Stella Ingwersen, Lily Lockington, Hailey Woods, Anna Heppner, Sara Heppner, Peyton Hystek, Finlay Whetton, Jessica Tinsley, Avery Van der Loos, Mackenzie Mailloux, Mackenna Whetton, Priscilla Lin, Rylee Carson





## Performing Groups

### TAG Sports Centre



**Group Name:** TAG

**Display Name:** Team Lightning (partnered with White Rock Gymnastics)

**Choreographers:** Krystal Rowbotham, Kaitlynn Ellis (WR) & Tiffany McLean (WR)

**Coaches:** Barb Fraser

**Performers:** Barb Fraser, Krystal Rowbotham, Megan Goble, Anastasia Korenkova, Ashley Srdanovic, Camila Amezquita, Elian Krichevski, Gabriella Brown, Greta Evans, Hailey Ferguson, Kailyn Houghton, Kallie Cremers, Kylie Marshall, Leah Matthews-Kott, Natalie Tan, Nehya Pawar, Saige Masse, Sanvi Parikh, Talia Viljoen, Zoe Marshall

### Twisters Gymnastics Club



**Group Name:** Angels & Demons

**Choreographers:** Sarah McKenzie

**Coaches:** Sarah McKenzie, Katrina Penner-Loat, Emily Butte

**Performers:** Aubrey Davies, Jada Dahl, Grace Lee, Selena Tang, Nyah Sandhu, Hargun Brar, Gabi Spring

### VIP Gymsports



**Group Name:** VIP Gymsports

**Display Name:** Alice in Wonderland

**Choreographers:** Halie Kachmar & Corley McElwain

**Coaches:** Halie Kachmar & Corley McElwain

**Performers:** Luna Rivas Rowe, Makena Murphy, Lela Dickinson, Amelia Hamel, Chloe Morgan, Ella Ryan, Eliah Veillard, Riley Adel, Olivia Mills, Savannah Hodge, Carys O'Hearn, Bethany Dawson, Bria Giesbrecht, Mia Twinn, Hazel Techen, Alexa Mills, Jillian Madill, Isla Sandferd, Madilyn Madill, Julia Andrade, Aramay Glur, Addison Gillcash, Emelia Stanhope





## Performing Groups

### Whistler - Pemberton Gymnastics



**Group Name:** Pemberton Performance  
**Display Name:** How Bad Can It Be?  
**Choreographers:** Cathy Benns  
**Coaches:** Cathy Benns & Catou Tyler

**Performers:** Claire Cindric, Hazel Rehill, Indiana Zgud, Leah Cindric, Lillian Brooksbank-Dunlop, Loa Schramm, Mackenzie McColm, Mae Zirnheld, Olivia Nash, Paisley Struggles

### Whistler - Pemberton Gymnastics



**Group Name:** Pemberton Performance 2  
**Display Name:** Celebrate  
**Choreographers:** Cathy Benns  
**Coaches:** Cathy Benns & Catou Tyler

**Performers:** Annika Zayac, Charlie Parker Losee, Dylan Saulnier, Freja Lax, Heidi Beierlein, Jade McGowan,, Josie Drain, Julia Leigh, Maya O'Toole, Mina DiMarco, Nina Tilston, Skylar Rodier, Sola Skeels, Topaz Tyler

### White Rock Gymnastics



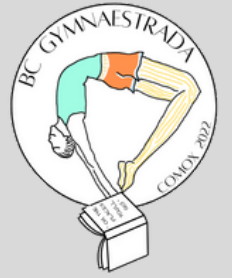
**Display Name:** The Chronicles of Narnia  
**Choreographers:** Kara Hutchison & Sarah Quinn

**Coaches:** Michelle Quinn, Sarah Quinn, Taphatna Duncan, Kara Hutchison, Emma Wiebe

**Performers:** Riya Bath, Sofia D'Agnolo, Alexandra Gibson, Madeleine Hadfield, Trinity Kilthau, Zoey Lawson, Eloise Mota-Michell, Abbigail Mulholland, Portia Nett-Osborne, Amy Zhang, Aniyah Banga, Lily Barba Greatrex, Brooklyn Fyfe, Charlotte Hammond, Grace Harman, Anwin Mills, Mia Mischker, Adrienne Myring, Jordyn O'Doherty, Kaylee O'Doherty, Monroe Shaw, Emily Martin, Ava Arkle, Camille Bains, Mataya Chee, Jaida Doerksen, Shalom Igali, Julia Kelly, Arraiya Nilsen, Chloe Tikanmaki, Elise Paccagnan



# Performing Groups



## White Rock Gymnastics



**Display Name:** Team Lightning (partnered with TAG Sports Centre)

**Choreographers:** Kaitlynn Ellis, Tiffany McLean & Krystal Rowbotham (TAG)

**Coaches:** Kaitlynn Ellis, Tiffany McLean, Renee Jendral

**Performers:** Lela Popoff, Lauren Hudson, Olivia Williamson, Nicola Doherty, Nola Goodwin, Kaitlynn Eccleston, Evie Yuen, Sophia Leeder, Jessica McDougall, Morgan Pfeffer, Riya Boyal, Vanessa Zhang, Rayya Janif, Sarah Rowe, Penelope McNally, Cordelia Kopelman, Sahara Dosanjh, Mikaela Mende, Sarah Lowe, Asees Bassi, Fazilat Khairati, Katrina Weishuhn, Ellyette Smith, Stephanie Wendel, Rachel Mayer, Summer Omaye, Anupreet Gill, Lillian Hickey, Bella Feng, Erica Phillips, Karis Goodwin, Syrenna Koropeccky, Harreet Chahal, Jasmine Wong, Adithi Raja, Alessandra Eve, Layla Ali



