

CHRISTY FRASER MEMORIAL INVITATIONAL



February 16–19, 2024

Langley Events Centre
Langley, BC
Canada



Hosted By:



Remembering Christy



Christina Ann “Christy” Fraser was an avid gymnast until her tragic death in August 1992 at the young age of 12, after complications from contracting E. Coli. Christy is remembered by all who knew her as a dedicated gymnast who possessed the ability to overcome adversity with a cheerful smile and a “try again” attitude.

Christy’s mom, Lory Fraser, along with Christy’s coach and many others, started the Christy Fraser Memorial Fund to purchase much needed equipment for Langley Gymnastics Foundation.

Christy’s memory lives on with the Christy Fraser Memorial Invitational (CFMI), which began in January 1993 in the Langley Secondary School gymnasium, featuring around 170 athletes. CFMI has grown tremendously over the years, now attracting over 1000 competitors of all ages and skill levels from

around the country. The Langley Gymnastics Foundation is proud to host this annual gymnastics competition and carry on Christy’s memory year after year.

Langley Gymnastics Foundation would like to thank Christy’s mother, Lory Fraser, for her ongoing dedication and unwavering support to both the club and the CFMI. Lory Fraser was one of the founding members of LGF and is still actively involved as a volunteer and Board Member. Without her contributions, this event would not be the success it is today.

Christy Fraser Award

Christy was passionate about gymnastics and loved to compete more than anything else in her life; it is impossible to say how far she would have gone as a gymnast, but she practiced “for the love of the sport.” Always cheerful and friendly, Christy was kind to those around her, including her fellow gymnasts. She was brave and never stopped trying. If she fell during a routine, she would smile, get back up and keep going.

Lory Fraser, Christy’s mother, watches every CFMI and chooses athletes who embody Christy’s spirit and sportsmanship. Lory looks for those who she feels have shown the same **positive, determined, and supportive** attitude that Christy had. **Truly special individuals, just like Christy.**

2023 Christy Fraser Award Recipients:

Johanna Hutchison

Stella O'Brien

Libby Rokach-Penn

Aubrey Brass

Fiona Keeler

Aminata Kamara

Scarlett Eliades

Quinn Hartley

Summer Eminan

Vivian Hill

Rosalee Hamilton

Isolade Wikstead

Vaughn Klipa

Anyang Ng

Makenna Sellers

Ella Fiteni

Grace Fraser

Marielle Isidro

Kenzie O'Connor

Maya Isabelle

Ella Jordan

Kyla MacDonald

Celestina Popa Gymnastics

Langley Gymnastics Foundation

Richmond Gymnastics Association

Langley Gymnastics Foundation

Prince George Gymnastics Club

Vancouver Phoenix Gymnastics

Langley Gymnastics Foundation

Celestina Popa Gymnastics

Surrey Gymnastics Society

Flicka Gymnastics Club

Langley Gymnastics Foundation

White Rock Gymnastics Athletics Society

Campbell River Gymnastics Association

Richmond Gymnastics Association

Langley Gymnastics Foundation

Langley Gymnastics Foundation

Campbell River Gymnastics Association

Inspire Sports Victoria

Inspire Sports Victoria

Langley Gymnastics Foundation

Flip City Gymnastics Club

Langley Gymnastics Foundation

Welcome

JENNIFER COIMBRA

General Manager

LANGLEY GYMNASTICS FOUNDATION



On behalf of Langley Gymnastics Foundation and the organizing committee, I would like to welcome all athletes, parents, coaches, judges and spectators to the 31st annual Christy Fraser Memorial Invitational. I am thrilled to witness the culmination of hard work, dedication, and passion that has brought you all to this prestigious event.

This year promises to be an extraordinary showcase of talent, skill, agility, and sportsmanship. CFMI encourages celebration of not only the incredible athleticism of each participant, but also the camaraderie amongst gymnasts, coaches, and supporters alike. Unique to our competition is the Christy Fraser Award, which honors very special individuals who show positivity, determination and support for their teammates throughout their session.

Athletes, as you step onto the competition floor, your performances will inspire and captivate, leaving a lasting impression on all those fortunate enough to witness them. Whether you are a seasoned competitor or a first-time participant, embrace this opportunity to learn, grow, and make lasting connections within the gymnastics community.

May you all achieve your personal best and create memories that will last a lifetime. Best of luck to each and every athlete!

Jen

CHANTEL WELLMAN

Chair, Board of Directors

LANGLEY GYMNASTICS FOUNDATION



It is with great pleasure that I extend a warm welcome to each and every one of you to the Christy Fraser Memorial Invitational. On behalf of the Board of Directors, I am honored to be a part of this prestigious event that has brought together 1100 talented athletes from across the region.

CFMI is a celebration of dedication, skill, and sportsmanship, and it is a testament to the unwavering commitment of both athletes and coaches to the artistry and athleticism of gymnastics.

To the athletes, your hard work and determination have brought you to this moment, and we applaud your achievements. Your passion for gymnastics is an inspiration to all of us, and we look forward to watching your performances throughout this invitational.

To the coaches, your guidance and mentorship have played a pivotal role in shaping these athletes into the remarkable individuals they are today - your dedication to the sport is commendable.

To the families and supporters, thank you for standing by these athletes and contributing to the vibrant gymnastics community we have here at Langley Gymnastics. Your encouragement and enthusiasm make a significant difference. A special thank you to all the dedicated volunteers that make CFMI possible year after year.

As we embark on this inspiring journey over the next few days, let us embrace the spirit of camaraderie, fair play, and respect.

Welcome to CFMI 2024!

Chantel

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Samantha Birosh, from Calieight Photography, will be on-site to take photos of CFMI athletes! After the event, you will be able to view and purchase your photos here:

<https://calieightphotography.smugmug.com/>



COMPETITION SCHEDULE

FRIDAY FEBRUARY 16

SESSION 1	SESSION 2	SESSION 3	SESSION 4
08:00—10:00	10:30—13:00	13:30—16:45	17:30—20:00
Xcel Platinum Xcel Diamond	CCP 8	CCP 9	CCP 5 CCP 10
08:00—11:00	11:30—14:00	14:30—17:00	17:00—21:00
MAG Level 1	MAG Level 2 MAG Interclub	MAG Level 3	MAG Level 4 & 5 MAG National Open MAG Aspire & Junior

SATURDAY FEBRUARY 17

SESSION 5	SESSION 6	SESSION 7	SESSION 8
08:00—10:45	11:00—14:00	14:30—17:15	17:45—20:30
WAG Xcel Bronze	WAG Xcel Silver (2012-2016)	WAG Xcel Silver (2006-2011) WAG Xcel Gold (2006-2009)	WAG Xcel Gold (2010- 2014)

SUNDAY FEBRUARY 18

SESSION 9

07:30—10:45

WAG CCP 6
(2011-2016)

SESSION 10

11:00—13:45

WAG CCP 6
(2007-2010)

WAG CCP 7
(2006-2009)

SESSION 11

14:15—16:45

WAG CCP 7
(2010-2015)

SESSION 12

17:15—20:00

WAG CCP 4

MONDAY FEBRUARY 19

SESSION 13

08:00—11:30

WAG CCP 1

WAG Interclub

SESSION 14

12:00—14:45

WAG CCP 2

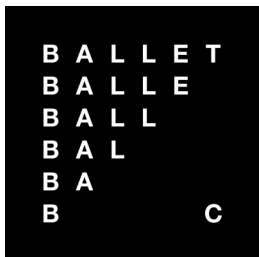
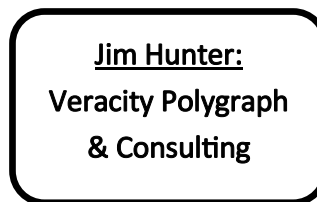
SESSION 15

15:15—19:30

WAG CCP 3

Proud Sponsors

We want to thank all of our sponsors for your generous donations! Each year, LEC provides their beautiful facility to LGF to host our competitions and Roofmart donates 24,000lbs of shingles to weigh down our competition equipment. We also have many generous sponsors that provide monetary and in-kind donations to help support our events.



**Good luck and
congratulations to
all of the athletes
participating in this
year's Christy Fraser
Memorial Invitational!**

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Thank you to both our
Township of Langley and City of Langley Mayors
for supporting our events this year!

OFFICE OF
THE MAYOR
ERIC WOODWARD



A Message from Mayor Eric Woodward

It is with great pleasure that I extend a warm welcome to all participants of the Christy Fraser Memorial Invitational (CFMI) and Elite Canada events from February 16-20, 2024. I also want to commend and congratulate the Langley Gymnastics Foundation for all their work in organizing and putting these tremendous events together.

The CFMI, a longstanding tradition, will bring together 1100 athletes from across British Columbia, Canada, and the United States. This event showcases the incredible talent of gymnasts and fosters a spirit of camaraderie that transcends borders. We are also thrilled to be hosting Elite Canada, a national event of significance in the world of gymnastics. This competition serves as a platform to display the highest level of gymnastics in our country and plays a pivotal role in the Olympic Selection process for the 2024 Summer Olympic Games.

As you gather in the Township of Langley, I encourage you to embrace our community and experience the exceptional hospitality that defines us. We are eager to welcome some of the world's most skilled artistic gymnasts, dedicated coaches, and esteemed judges from across Canada. Together, let us celebrate the strength, discipline, and dedication that epitomize the sport of gymnastics.

I wish all participants the best of luck, and may your time in the Township of Langley be filled with memorable moments and outstanding performances.

Sincerely,

Eric Woodward
Mayor
Township of Langley

CITY OF
LANGLEY



OFFICE OF THE MAYOR

Langley City Hall, 20399 Douglas Crescent, Langley, BC Canada V3A 4B3
mayor@langleycity.ca

WELCOME TO THE 2024 CHRISTY FRASER MEMORIAL INVITATIONAL AND ELITE CANADA

On behalf of Council, I extend a warm welcome to all the athletes, families, coaches, judges, volunteers, and supporters from across Canada and the United States as you gather in Langley for the 2024 Christy Fraser Memorial Invitational and Elite Canada!

Congratulations to the Langley Gymnastics Foundation for your ongoing commitment to the sport of gymnastics. Organizing two back-to-back high caliber competitions is an amazing accomplishment.

I wish all athletes competing this weekend a very safe and successful competition as you strive to fulfill your personal goals. I congratulate you on your dedication as you strive towards your pursuit of excellence.

Best wishes to all for a memorable experience!

Thank you.

Nathan Pachal
Mayor
City of Langley

THE PLACE TO BE

WAG Athletes

WAG INTERCLUB PERFORMANCE

Adelyn	Tinney	Celestina Popa Gymnastics	Santina	Acchione	Celestina Popa Gymnastics
Adelynn	Craig	Celestina Popa Gymnastics	Scarlett	Brooke	Celestina Popa Gymnastics
Aliyah	Sall	Celestina Popa Gymnastics	Vida	Acchione	Celestina Popa Gymnastics
Ava	Melo	Celestina Popa Gymnastics	Fiammetta	Robinson	Delta Gymnastics Society
Diba	Razaghi	Celestina Popa Gymnastics	Hannah	Lee	Delta Gymnastics Society
Ellie	Kirbyson	Celestina Popa Gymnastics	Lia	Bertucci	Delta Gymnastics Society
Emma	Yip	Celestina Popa Gymnastics	Mika	Sidhu	Delta Gymnastics Society
Emma	Waugh	Celestina Popa Gymnastics	Mya	Dhinsa	Delta Gymnastics Society
Isla	Dion	Celestina Popa Gymnastics	Phoebe	Taylor	Delta Gymnastics Society
Katrina	Turcotte	Celestina Popa Gymnastics	Poppy	Ladouceur	Delta Gymnastics Society
Layla	Bell	Celestina Popa Gymnastics	Adelyn	Mitford	Wayland Sports-Richmond
Lieschen	Lindeque	Celestina Popa Gymnastics	Audrey	Chang	Wayland Sports-Richmond
Lily	Smith	Celestina Popa Gymnastics	Brynn	Mitford	Wayland Sports-Richmond
Madelyn	Davison	Celestina Popa Gymnastics	Leila	Sawada	Wayland Sports-Richmond
Maya	Bullen	Celestina Popa Gymnastics	Olivia	Park	Wayland Sports-Richmond

WAG INTERCLUB PERFORMANCE PLUS

Aura	Windblad	Celestina Popa Gymnastics	Aiyla	Delos Reyes	Wayland Sports-Richmond
Charlotte	Dickin	Celestina Popa Gymnastics	Analisa	Samuels	Wayland Sports-Richmond
Charlotte	Tuplin	Celestina Popa Gymnastics	Bella	Wong	Wayland Sports-Richmond
Ellie	Huntington	Celestina Popa Gymnastics	Brooklyn	Wong	Wayland Sports-Richmond
Lily	Tuplin	Celestina Popa Gymnastics	Elise	Miessner	Wayland Sports-Richmond
Lockett	Rath	Celestina Popa Gymnastics	Elise	Loreth	Wayland Sports-Richmond
Neko	Creyke	Celestina Popa Gymnastics	Gloria	Gee	Wayland Sports-Richmond
Temi	Malomo	Celestina Popa Gymnastics	Leyan	Deng	Wayland Sports-Richmond
Amyra	Rehmtulla	Delta Gymnastics Society	Lucia	Goco	Wayland Sports-Richmond
Elizabeth	Tomlin	Delta Gymnastics Society	Olivia	Gee	Wayland Sports-Richmond
Libby	Joyce	Delta Gymnastics Society	Sarah	Li	Wayland Sports-Richmond
Lorraine	Voong	Delta Gymnastics Society	Yana	Wong	Wayland Sports-Richmond

WAG XCEL BRONZE

Josiane	Black	Balance Gymnastics	Tiffany	Ko	Delta Gymnastics Society
Lena	Albert	Balance Gymnastics	Ariella	Williams	Duncan Dynamics Gymnastics
Marlowe	Murphy	Balance Gymnastics	Maylee	Shillito	Duncan Dynamics Gymnastics
Aanya	Sohal	Delta Gymnastics Society	Mila	Beal	Duncan Dynamics Gymnastics
Brianna	Huang	Delta Gymnastics Society	Paisley	Bolduc	Duncan Dynamics Gymnastics
Elly	Shin	Delta Gymnastics Society	Anaira	Pestonji	Flicka Gymnastics Club
Emily	Abney	Delta Gymnastics Society	Charlee	Drever	Flicka Gymnastics Club
Jasmine	Dixon	Delta Gymnastics Society	Deanna	Perri	Flicka Gymnastics Club
Kaylee	Herfindahl	Delta Gymnastics Society	Emme	Hargreaves	Flicka Gymnastics Club
Kyla	Beatch	Delta Gymnastics Society	Lucia	Pauli	Flicka Gymnastics Club
Makenzie	Colina	Delta Gymnastics Society	Luella	Moshrefzadeh	Flicka Gymnastics Club
Nava	Enoch	Delta Gymnastics Society	Mikaela	Tse	Flicka Gymnastics Club

Olivia	Assam	Flicka Gymnastics Club	Maddie	Schembri	Langley Gymnastics Foundation
Olivia	Szostak	Flicka Gymnastics Club	Natasha	Mylokostenko	Langley Gymnastics Foundation
Valentina	Sanches	Flicka Gymnastics Club	Norin	Lyth	Langley Gymnastics Foundation
	Homs Salgado		Olivia	Gorgis	Langley Gymnastics Foundation
Autumn	Bainbridge	Flip City Gymnastics	Priyanshi	Rohilla	Langley Gymnastics Foundation
Blake	Burrell	Flip City Gymnastics	Rachel	Zhang	Langley Gymnastics Foundation
Charlie	Leskewich	Flip City Gymnastics	Riley	Jones	Langley Gymnastics Foundation
Dacia	Kooner	Flip City Gymnastics	Sophie	Stewart	Langley Gymnastics Foundation
Emma	White	Flip City Gymnastics	Suzy	Xie	Langley Gymnastics Foundation
Leila	Street	Flip City Gymnastics	Arwyn	Fretts	Powell River Gymnastics
Natalia	Karnovic-Sistani	Flip City Gymnastics	Keira	Berukoff	Powell River Gymnastics
			Lah-Yim	Kim	Powell River Gymnastics
Alivia	Thompson	Fraser Valley Gymnastix	Cayla	Nolli	Prince George Gymnastics
Antonia	Desjarlais	Fraser Valley Gymnastix	Amber	Cao	Richmond Gymnastics
Bishop	Canlas	Fraser Valley Gymnastix	Amelia	Cavazzon	Richmond Gymnastics
Charlie	Poettcker	Fraser Valley Gymnastix	Anitya	Jung	Richmond Gymnastics
Emma	Rook	Fraser Valley Gymnastix	Aria	Yee	Richmond Gymnastics
Hadley	Boschmann	Fraser Valley Gymnastix	Elysse	Lum	Richmond Gymnastics
Kiera	Kelly	Fraser Valley Gymnastix	Emma	Hsu	Richmond Gymnastics
Maliya	LeBlanc	Fraser Valley Gymnastix	Isabella	Chan	Richmond Gymnastics
Noelle	DeChalain	Fraser Valley Gymnastix	Katie	Askounis	Richmond Gymnastics
Arianna	Hong	Langley Gymnastics Foundation	Leona	Chow	Richmond Gymnastics
Ava	Enns	Langley Gymnastics Foundation	Libby	Rokach-Penn	Richmond Gymnastics
Beatrix	Koch	Langley Gymnastics Foundation	Marina	Li	Richmond Gymnastics
Brooklyn	Pasqua	Langley Gymnastics Foundation	Namasya	Nakul	Richmond Gymnastics
Catharina	Cesar	Langley Gymnastics Foundation	Paisley	Zhou	Richmond Gymnastics
Enora	Falieres	Langley Gymnastics Foundation	Sofiamarie	Gamboa	Richmond Gymnastics
Frances	Hamilton	Langley Gymnastics Foundation	Tiffany	He	Richmond Gymnastics
Gabrielle	Moris	Langley Gymnastics Foundation	Heather	Sugden	Surrey Gymnastic Society
Hayden	Greenfield	Langley Gymnastics Foundation	Japleen	Ghuman	Surrey Gymnastic Society
Jaide	Thai	Langley Gymnastics Foundation	Mireille	Mugisha	Surrey Gymnastic Society
Kayla	Walton	Langley Gymnastics Foundation	Mya	Nijjar	Surrey Gymnastic Society
Mackenzie	Thornley	Langley Gymnastics Foundation	Saleena	Kainth	Surrey Gymnastic Society

WAG XCEL SILVER

Alexa	Lee	Balance Gymnastics	Addison	Wishart	Flicka Gymnastics Club
Allesandra	Signorello	Balance Gymnastics	Adele	Cere	Flicka Gymnastics Club
Emerson	Coutts	Balance Gymnastics	Alexa	Jesson	Flicka Gymnastics Club
Nadia	Chow	Balance Gymnastics		Dedinska	
Navaya	Nieken-Spence	Balance Gymnastics	Anna	Mayo	Flicka Gymnastics Club
			Annabel	Aondio	Flicka Gymnastics Club
Chloe	Tang	Delta Gymnastics Society	Ashlyn	Munro	Flicka Gymnastics Club
Ella	Skillings	Delta Gymnastics Society	Ava	Edgett	Flicka Gymnastics Club
Narmin	Huseynov	Delta Gymnastics Society	Emily	Yan	Flicka Gymnastics Club
Peyton	Symons	Delta Gymnastics Society	Hannah	Cenkowski	Flicka Gymnastics Club
Simeera	Amar	Delta Gymnastics Society	Katie	Brown	Flicka Gymnastics Club
Taylor	Iverson	Delta Gymnastics Society	Kyla	Powaga	Flicka Gymnastics Club
Kiera	Gray	Duncan Dynamics Gymnastics	Lara	Senekal	Flicka Gymnastics Club
Safire	Boyle-MacLeod	Duncan Dynamics Gymnastics	Leila	Aulin	Flicka Gymnastics Club

Melinda	Zhao	Flicka Gymnastics Club	Lexi	Baker	Langley Gymnastics Foundation
Melissa	Zhao	Flicka Gymnastics Club	Makaylah	Kambere	Langley Gymnastics Foundation
Nafas	Javid	Flicka Gymnastics Club	Morgan	Janzen	Langley Gymnastics Foundation
Natalie	Yan	Flicka Gymnastics Club	Naomi	Philip	Langley Gymnastics Foundation
Nolah	Stark	Flicka Gymnastics Club	Samantha	Miles Abringe	Langley Gymnastics Foundation
Nora	Choi	Flicka Gymnastics Club	Vienna	Bachler	Langley Gymnastics Foundation
Siena	Thery	Flicka Gymnastics Club	Vienna	Taccogna	Langley Gymnastics Foundation
Sofia	Aaker	Flicka Gymnastics Club	Isabella	Coatta	Powell River Gymnastics
Abigayle	Stidolph	Flip City Gymnastics	Larissa	Laing	Powell River Gymnastics
Alekzandra	Jakubowski	Flip City Gymnastics	Melodie	Ouellet	Powell River Gymnastics
Alyse	Robinson	Flip City Gymnastics	Xiya (Peggy)	Liu	Powell River Gymnastics
Amaris	Charlemagne	Flip City Gymnastics	Abigail	Elias	Prince George Gymnastics
Ancika	Kalia	Flip City Gymnastics	Arielle	Bourassa	Prince George Gymnastics
Brooke	Foster	Flip City Gymnastics	Chante	Rouleau	Prince George Gymnastics
Charlotte	Hartwig	Flip City Gymnastics	Claira	Stevens	Prince George Gymnastics
Charlotte	Kuba	Flip City Gymnastics	Fiona	Keeler	Prince George Gymnastics
Cheyenne	Kumar	Flip City Gymnastics	Grace	Pateman	Prince George Gymnastics
Chloe	Logue	Flip City Gymnastics	Jessie	Isaac	Prince George Gymnastics
Claire	McGuire	Flip City Gymnastics	Kacie	Matijevic	Prince George Gymnastics
Dia	Mullin	Flip City Gymnastics	Kayliana	Marcotte	Prince George Gymnastics
Genny	Keen	Flip City Gymnastics	Keirat	Sindhi	Prince George Gymnastics
Gurleen	Rai	Flip City Gymnastics	Kristen	McLachlan	Prince George Gymnastics
Hannah	Ignacz	Flip City Gymnastics	Leighton	Goldie	Prince George Gymnastics
Janan	Dehn	Flip City Gymnastics	Makayla	Meyer	Prince George Gymnastics
Kelly	Anderson	Flip City Gymnastics	Meera	Singh	Prince George Gymnastics
Lexie	Reynolds	Flip City Gymnastics	Navaeh	Dalman	Prince George Gymnastics
Lyla	Lynch	Flip City Gymnastics	Paisley	Bergeron	Prince George Gymnastics
Mackenzie	Santos	Flip City Gymnastics	Piper	Moore	Prince George Gymnastics
Mercedie	Bohni	Flip City Gymnastics	Shaelyn	Thorne	Prince George Gymnastics
Mia	Palliardi	Flip City Gymnastics	Angela	Chau	Richmond Gymnastics
Nyomie	Wiancko	Flip City Gymnastics	Denise	Ho	Richmond Gymnastics
Olivia	Ugoalah	Flip City Gymnastics	Emily	Kizilov	Richmond Gymnastics
Samantha	Sayers	Flip City Gymnastics	Isabella	Figliuzzi	Richmond Gymnastics
Savannah	Linton	Flip City Gymnastics	Lucy	Qiang	Richmond Gymnastics
Brooke	Kennedy	Fraser Valley Gymnastix	Michelle	Ettya	Richmond Gymnastics
Brooklynn	Lackey	Fraser Valley Gymnastix	Michelle		
Lily	Grossman	Fraser Valley Gymnastix	(YiYang)	Zou	Richmond Gymnastics
Lyla	Turner	Fraser Valley Gymnastix	Orthrina	Shi	Richmond Gymnastics
Myla	Grimm	Fraser Valley Gymnastix	Rita	Yim	Richmond Gymnastics
Rylee	Massie	Fraser Valley Gymnastix	Victoria	Luo	Richmond Gymnastics
Victoria	Newberry	Fraser Valley Gymnastix	Wolfgang		
Vienna	Oskam	Fraser Valley Gymnastix	(Luna)	Abesamis	Richmond Gymnastics
Violet	Turner	Fraser Valley Gymnastix	Aiko	Uzama	Surrey Gymnastic Society
Serena	Glickman	Inspire Sports Victoria	Anureet	Brar	Surrey Gymnastic Society
Sophie	Olson	Inspire Sports Victoria	Emily	Holt	Surrey Gymnastic Society
Alina	Nieboer	Langley Gymnastics Foundation	Sukhmandeep	Deol	Surrey Gymnastic Society
Andrea	Sierra	Langley Gymnastics Foundation	Emma	Welford	Wayland Sports-Richmond
Caelan	Drinkle	Langley Gymnastics Foundation	Jodie	Ridout	Wayland Sports-Richmond
Elizabeth	Hilborn	Langley Gymnastics Foundation	Maliya	Tong	Wayland Sports-Richmond
Isabella	Mall	Langley Gymnastics Foundation	Miya	Co	Wayland Sports-Richmond
			Samantha	Lin	Wayland Sports-Richmond

WAG XCEL GOLD

Banou	Taheri	Balance Gymnastics	Anya	Neufeld	Langley Gymnastics Foundation
Berkley	Holtrop	Balance Gymnastics	Aubrey	Brass	Langley Gymnastics Foundation
Diba	Taheri	Balance Gymnastics	Ayla	Khawaja	Langley Gymnastics Foundation
Katie	Peters	Balance Gymnastics	Emma	Handley	Langley Gymnastics Foundation
Lila	Ryce	Balance Gymnastics	Eva	Thomas	Langley Gymnastics Foundation
Sasha	Duhs	Balance Gymnastics	Eva	Vadeboncoeur	Langley Gymnastics Foundation
Siena	Seadon	Balance Gymnastics			
Simone	Marcoux	Balance Gymnastics	Hiyori	Kubota	Langley Gymnastics Foundation
Susan	Ewankiw	Balance Gymnastics	Julia	Greengrass	Langley Gymnastics Foundation
Zyra	Chadha	Balance Gymnastics	Kaitlyn	Shendruk	Langley Gymnastics Foundation
Addison	Griffin	Celestina Popa Gymnastics	Kate	Nichol	Langley Gymnastics Foundation
Alexis	Nemes	Celestina Popa Gymnastics	Maiia	Kokoruza	Langley Gymnastics Foundation
Alisha	Morton	Celestina Popa Gymnastics	Marley	Finstad	Langley Gymnastics Foundation
Emma	Fread	Celestina Popa Gymnastics	Melina	Kosturos	Langley Gymnastics Foundation
Grace	Cleave	Celestina Popa Gymnastics	Olivia	Simao	Langley Gymnastics Foundation
Valentina	Vaccari	Celestina Popa Gymnastics	Samantha	Gigliotti	Langley Gymnastics Foundation
Ella	Berkey	Delta Gymnastics Society	Scarlett	Eliades	Langley Gymnastics Foundation
Grace	Coster	Duncan Dynamics Gymnastics	Talia	Per	Langley Gymnastics Foundation
Annabelle	Duckham	Flicka Gymnastics Club	Tiyana	McCarthy	Langley Gymnastics Foundation
Catherine	Harris	Flicka Gymnastics Club	Audrey	Blackman	Prince George Gymnastics
Elena	Eller	Flicka Gymnastics Club	Cali	Higgs	Prince George Gymnastics
Emily	Davies	Flicka Gymnastics Club	Chloe	Nolli	Prince George Gymnastics
Emma	Mackenzie	Flicka Gymnastics Club	Eliana	Walker	Prince George Gymnastics
Hayden	Lyder	Flicka Gymnastics Club	Heidi	Bernard	Prince George Gymnastics
Olivia	Alexander	Flicka Gymnastics Club	Holly	Wium	Prince George Gymnastics
Charlotte	Bried	Flip City Gymnastics	Isabel	Morgan	Prince George Gymnastics
Claire	Perret	Flip City Gymnastics	Jordyn	McLachlan	Prince George Gymnastics
Ella	Erb	Flip City Gymnastics	Kalista	Weich	Prince George Gymnastics
Isabella	Linton	Flip City Gymnastics	Kara	Ewen	Prince George Gymnastics
Keira	Mullen	Flip City Gymnastics	Kaylyn	Brandner	Prince George Gymnastics
Meia	van der Wal	Flip City Gymnastics	Lily	Welscher	Prince George Gymnastics
Molly	Furyk	Flip City Gymnastics	Olivia	Wilkin	Prince George Gymnastics
Olivia	Randi	Flip City Gymnastics	Patsy	Conger	Prince George Gymnastics
Phoenix	Campbell	Flip City Gymnastics	Simone	Roberts	Prince George Gymnastics
Scarlett	Leskewich	Flip City Gymnastics	Sofia	Gregor	Prince George Gymnastics
Storm	Wood	Flip City Gymnastics	Summer	Haugan	Prince George Gymnastics
Jessica	Robb	Fraser Valley Gymnastix	Talya	Rouleau	Prince George Gymnastics
Meredith	Roberts	Fraser Valley Gymnastix	Taryn	McLachlan	Prince George Gymnastics
Zoe	Obererich	Fraser Valley Gymnastix	Alaina	Xin	Richmond Gymnastics
Amelia	Oare	Inspire Sports Victoria	Annik	Grugel	Richmond Gymnastics
Anna	Gogela	Inspire Sports Victoria	Evangeline	Reese	Richmond Gymnastics
Eva	Sospedra	Inspire Sports Victoria	Marley	Bullock	Richmond Gymnastics
Evan	Blair	Inspire Sports Victoria	Samantha	Dela Cruz	Richmond Gymnastics
Isla	Tymoshik	Inspire Sports Victoria	Vanessa	Sweet	Richmond Gymnastics
Kaeli	Aitchison	Inspire Sports Victoria	Aria	Walman	Twisters Gymnastics
Sasha	Music	Inspire Sports Victoria	Emily	Payne	Twisters Gymnastics
Adysen	Weibelzahl	Langley Gymnastics Foundation	Ilya	Milina	Twisters Gymnastics
Allison	Zou	Langley Gymnastics Foundation	Jessica	Skidmore	Twisters Gymnastics

Marin	Lesurf	Twisters Gymnastics	Tessa	Bosio	Wayland Sports-Richmond
Rylee	Carlson	Twisters Gymnastics	Casey	Gilbank	Whistler Gymnastics
Vanshika	Baidwan	Twisters Gymnastics	Emilia	Aragon	Whistler Gymnastics
Kaylee	Hui	Wayland Sports-Richmond	Isabelle	Shaw	Whistler Gymnastics
Laila	Miessner	Wayland Sports-Richmond	Kastle	Pazdzierski	Whistler Gymnastics
Peyton	Gogag	Wayland Sports-Richmond	Ula	Morrissey	Whistler Gymnastics

WAG XCEL PLATINUM

Noemi	Piry	Balance Gymnastics	Channi	Cheema	Richmond Gymnastics
Sophie	Johns	Balance Gymnastics	Chloe	Lam	Richmond Gymnastics
Callyn	Woodcock	Inspire Sports Victoria	Eleanor	Bridson	Richmond Gymnastics
Madeleine	Emes	Inspire Sports Victoria	Elisa	Wang	Richmond Gymnastics
Abby	Duncan	Langley Gymnastics Foundation	Rina	Weissberg	Richmond Gymnastics
Eshanya	Singh	Langley Gymnastics Foundation	sophie	kelly	Richmond Gymnastics
Jaelyn	Gill-Lewko	Langley Gymnastics Foundation	Maia	Vig	Twisters Gymnastics
Kaitlyn	Cazacu	Langley Gymnastics Foundation	Makaila	Gatt	Twisters Gymnastics
Taena	Um	Langley Gymnastics Foundation	Hannah	Burr	Wayland Sports-Richmond
Alexis	Bautista	Richmond Gymnastics	Katelyn	Yue	Wayland Sports-Richmond
Carol	Chen	Richmond Gymnastics	Sasha	Lilge	Wayland Sports-Richmond
Cecily	Hui	Richmond Gymnastics			

WAG XCEL DIAMOND

Simone	Soucie Degra- zio	Flicka Gymnastics Club	Katelyn	Surry	Inspire Sports Victoria
Vivian	Hill	Flicka Gymnastics Club	Shelby	Hubenig	Inspire Sports Victoria
Jade	Kosmuk	Inspire Sports Victoria	Kaylyn	Tran	Richmond Gymnastics

WAG CCP 1

Mia	Liu	Flicka Gymnastics Club	Mila	Van Leeuwen	Flip City Gymnastics
Natalie	Xu	Flicka Gymnastics Club	Oakland	Janes	Flip City Gymnastics
Olive Anne	Doherty	Flicka Gymnastics Club	Olia	Mara	Flip City Gymnastics
Addison	Diebel	Flip City Gymnastics	Paige	Inaba	Flip City Gymnastics
Cali	Evans	Flip City Gymnastics	Amelia	Hildering	Powell River Gymnastics
Cece	Sabean	Flip City Gymnastics	Arya	Hildering	Powell River Gymnastics
Eikom	Chopra	Flip City Gymnastics	Calya	Cross	Powell River Gymnastics
Emma	Living	Flip City Gymnastics	Georgia	Clark	Powell River Gymnastics
Esther	Shim	Flip City Gymnastics	Irie	Ladner	Powell River Gymnastics
Everly	Brander	Flip City Gymnastics	Isabelle	Hill	Powell River Gymnastics
Gaby	Sabean	Flip City Gymnastics	Sierra	Gentry	Powell River Gymnastics
Hattie	Leslie	Flip City Gymnastics	Sophie	Thomas	Powell River Gymnastics
Kaitlyn May	Jacquemin	Flip City Gymnastics	Sophie	Cisakowski	Powell River Gymnastics
Mila	Patko	Flip City Gymnastics			

WAG CCP 2

Charlie	Atkins	Balance Gymnastics	Lana	Somji	Balance Gymnastics
Ellington	Cragg	Balance Gymnastics	Maya	McRobie	Balance Gymnastics
Jamie	Ramsbottom	Balance Gymnastics	Maye	Bennett	Balance Gymnastics

Olivia	Zybutz	Balance Gymnastics	Halle	Hinds	Langley Gymnastics Foundation
Sydney	Elischer	Balance Gymnastics	Janice	Lee	Langley Gymnastics Foundation
Taylor	Ward	Balance Gymnastics	Laurissa	Shinske	Langley Gymnastics Foundation
Viola	Bottiglieri	Balance Gymnastics	Lilly	Stephens	Langley Gymnastics Foundation
Charis	Jiang	Club Aviva	Rosalee	Hamilton	Langley Gymnastics Foundation
Charlotte	Chan	Club Aviva	Sophia	Habib	Langley Gymnastics Foundation
Chloe	Kim	Club Aviva	Chloe	Fuchs	Prince George Gymnastics
Elijah	King	Club Aviva	Israel	Berry	Prince George Gymnastics
Mackenzie	Chan	Club Aviva	Madilynn	Matthew	Prince George Gymnastics
Naia	Gavric	Club Aviva	Olivia	Wilgan	Prince George Gymnastics
Reanna	Kanda	Club Aviva	Piper	Warn	Prince George Gymnastics
Rylie	De Torres	Club Aviva	Averie	Lai	Richmond Gymnastics
Tessa	Wilson	Club Aviva	Chloe	Pun	Richmond Gymnastics
Winter	Whyte	Club Aviva	Clarisse	Chang	Richmond Gymnastics
Annie	Liu	Flicka Gymnastics Club	Evelyn	Cheng	Richmond Gymnastics
Avery	McGrath	Flicka Gymnastics Club	Hannah	Lin	Richmond Gymnastics
Calista	Poss	Flicka Gymnastics Club	Joanne	Lin	Richmond Gymnastics
Elissa	Tabako	Flicka Gymnastics Club	Maddie	Hartley	Richmond Gymnastics
Rosha	Mashayekh	Flicka Gymnastics Club	Madison	Gin	Richmond Gymnastics
Bella	Rayner	Flip City Gymnastics	Olivia	Zhang	Richmond Gymnastics
Ella	Perdue	Flip City Gymnastics	Amyra	Sapra	Surrey Gymnastic Society
Isabella	Mara	Flip City Gymnastics	Isha	Gill	Surrey Gymnastic Society
Madelyn	Regan	Flip City Gymnastics	Isla	Asfour	Surrey Gymnastic Society
Natalie	Guyer	Flip City Gymnastics	Jubilee	Penner	Surrey Gymnastic Society
Savi	Mendiratta	Flip City Gymnastics	Marissa	Lee	Surrey Gymnastic Society
Solaya	Schmidt	Flip City Gymnastics	Savreen	Chima	Surrey Gymnastic Society
Stella	Sabean	Flip City Gymnastics	Similin Ann	Tijo	Surrey Gymnastic Society
Tessa	Birch	Flip City Gymnastics	Sophia	Kennedy	Surrey Gymnastic Society
Amelia	Kelly	Langley Gymnastics Foundation		Van Ra-	
Anjali	Garcia-D'Silva	Langley Gymnastics Foundation	Tsepo	venstein	Surrey Gymnastic Society
Ashley	Streich	Langley Gymnastics Foundation	Avianna	Dahlen	Twisters Gymnastics
Catalina	Karset	Langley Gymnastics Foundation	Hana	Fehr	Twisters Gymnastics
Easton	Flaman	Langley Gymnastics Foundation	Hayley	Van Breugel	Twisters Gymnastics
Emma	Yan	Langley Gymnastics Foundation	Jamie	Riehl	Twisters Gymnastics
Evelyn	Tam	Langley Gymnastics Foundation	Megan	Doherty	Twisters Gymnastics

WAG CCP 3

Evangeline	Charlton	Balance Gymnastics	Maya	Thomson	Campbell River Gymnastics
Evelynne	Bennett	Balance Gymnastics	Miley	McLean	Campbell River Gymnastics
Gia Ky	Hui	Balance Gymnastics	Everly	Allester	Duncan Dynamics Gymnastics
Isla	Spires	Balance Gymnastics	Leonie	Grieve	Duncan Dynamics Gymnastics
Laila	Waine	Balance Gymnastics	Lexi	Humber	Duncan Dynamics Gymnastics
Madeline	Klochnyk	Balance Gymnastics	Marlowe	Race	Duncan Dynamics Gymnastics
Marlowe	Holtrop	Balance Gymnastics	Melia	Soto-Ayers	Duncan Dynamics Gymnastics
Natalia	Purcel	Balance Gymnastics	Nina	Douglas-Ortiz	Duncan Dynamics Gymnastics
Saskia	Hofman	Balance Gymnastics	Ailani	Huang	Flicka Gymnastics Club
Gracie	Taylor	Campbell River Gymnastics	Amelia	Hung	Flicka Gymnastics Club
Hannah	Sumner	Campbell River Gymnastics	Charlotte	Yan Fung Lee	Flicka Gymnastics Club
Harper	Hughes	Campbell River Gymnastics	Everleigh	Santoso	Flicka Gymnastics Club

Kate	Wrigglesworth	Flicka Gymnastics Club	Harper	Gau	Langley Gymnastics Foundation
Olivia	West	Flicka Gymnastics Club	Julianna	Cervas	Langley Gymnastics Foundation
Peregrine	Neary	Flicka Gymnastics Club	Kaelin	Ninalga	Langley Gymnastics Foundation
Sophie Danielle	Prefontaine	Flicka Gymnastics Club	Lyla	Slade	Langley Gymnastics Foundation
Adalynn	Susheski	Flip City Gymnastics	Madeline	Koshman	Langley Gymnastics Foundation
Elle	Cindrich	Flip City Gymnastics	Makayla	Nylund	Langley Gymnastics Foundation
Galia	Messenberg	Flip City Gymnastics	Maliyah	Sellers	Langley Gymnastics Foundation
Genevieve	Dolmans	Flip City Gymnastics	Mila	Dahm	Langley Gymnastics Foundation
Joanna	Etherington	Flip City Gymnastics	Nyah	Hayes	Langley Gymnastics Foundation
Natalie	Susheski	Flip City Gymnastics	Piper	Tortora	Langley Gymnastics Foundation
Penelope	Cherry	Flip City Gymnastics	Scarlett	Mulford	Langley Gymnastics Foundation
Abby	Bumby	Fraser Valley Gymnastix	Millie	Pavich	Prince George Gymnastics
Aubrey	Mothus	Fraser Valley Gymnastix	Hsin Yun (Molly)	Lu	Richmond Gymnastics
Chloe	Smith	Fraser Valley Gymnastix	Madeleine	Velasco	Richmond Gymnastics
Jaelyn	McGarva	Fraser Valley Gymnastix	Nora	Gagne	Richmond Gymnastics
Julia	Wakefield	Fraser Valley Gymnastix	Tatum	Stewart	Richmond Gymnastics
Kaiya	Clark	Fraser Valley Gymnastix	Joelle	Johnson	Surrey Gymnastic Society
Olivia	Coombs Morris	Fraser Valley Gymnastix	Adalyn	Voros	Twisters Gymnastics
Paige	Massie	Fraser Valley Gymnastix	Addison	Scott	Twisters Gymnastics
Bella	Castillo	Inspire Sports Victoria	Alyssa	Scott	Twisters Gymnastics
Briar	Beyea	Inspire Sports Victoria	Avery	Scott	Twisters Gymnastics
Catalina	Zarsadias	Inspire Sports Victoria	Bronwyn	Todd	Twisters Gymnastics
Macee	Smith	Inspire Sports Victoria	Caitlin	Kroeker	Twisters Gymnastics
Akira	Chan	Langley Gymnastics Foundation	Delaney	Beck	Twisters Gymnastics
Amelia	Brown	Langley Gymnastics Foundation	Emily	Riehl	Twisters Gymnastics
Aria	Armstrong	Langley Gymnastics Foundation	Gina	Brar	Twisters Gymnastics
Elysse	Perkins	Langley Gymnastics Foundation	Kayleigh	Caranoo	Twisters Gymnastics
Emma	Rauhala	Langley Gymnastics Foundation	London	Wall	Twisters Gymnastics
Emma	Meshner	Langley Gymnastics Foundation	Myla	Gill	Twisters Gymnastics
			Olivia	Tang	Twisters Gymnastics
			Serenity	Wiche	Twisters Gymnastics

WAG CCP 4

Anabel	Varhola	Balance Gymnastics	Josephine	Yeo	Falcon Gymnastics
Bethany	Ewankiw	Balance Gymnastics	Maisie	Gillan	Falcon Gymnastics
Elle	Rokoss	Balance Gymnastics	Sophia	Card	Falcon Gymnastics
Nicola	Runzer	Balance Gymnastics	Clara	Knight	Flicka Gymnastics Club
Remi	Wasyliw	Balance Gymnastics	Kalea	Shim	Flicka Gymnastics Club
Alia	Pasquale	Campbell River Gymnastics	Keira	Caplan	Flicka Gymnastics Club
Koia	Hausner	Campbell River Gymnastics	Kiera	Elliott	Flicka Gymnastics Club
	McGuffie-		Oakley	Brooks	Flicka Gymnastics Club
Ru	Ogasawara	Campbell River Gymnastics	Taylor	Liu	Flicka Gymnastics Club
Vaughn	Klipa	Campbell River Gymnastics	Xaviera	Bologna	Flicka Gymnastics Club
Delilah	Somers	Duncan Dynamics Gymnastics	Yvonne	Wang	Flicka Gymnastics Club
Jodie	Blumberg	Duncan Dynamics Gymnastics	Avery	Hopkins	Flip City Gymnastics
Freya	Kellerhals	Falcon Gymnastics	Aviana	Capozzi	Flip City Gymnastics
Gabrielle	Cameron	Falcon Gymnastics	Blake	Lee	Flip City Gymnastics
Georgia	Honkanen	Falcon Gymnastics	Brooke	Himbury	Flip City Gymnastics
Georgia	Congdon	Falcon Gymnastics			

Emily Rose	Jacquemin	Flip City Gymnastics	Liv	Slade	Langley Gymnastics Foundation
Hadley	Thibodeau	Flip City Gymnastics	Liviana	Klause	Langley Gymnastics Foundation
Kateeri	Krath	Flip City Gymnastics	Morgan	Cook	Langley Gymnastics Foundation
Presley	Lafleur	Flip City Gymnastics	Payton	Burgess	Langley Gymnastics Foundation
Stephanie	Francis	Flip City Gymnastics	Sienna	Hamilton	Langley Gymnastics Foundation
Susie	Etherington	Flip City Gymnastics	Skye	Viaje	Langley Gymnastics Foundation
Yolanda	Lin	Flip City Gymnastics	Valentina	Chronopoulos	Langley Gymnastics Foundation
Ella	Parnham	Inspire Sports Victoria	Esme	Peeters	Richmond Gymnastics
Zairah	Tangonan	Inspire Sports Victoria	Ivy	Carter	Richmond Gymnastics
Amalia	Tablady	Langley Gymnastics Foundation	Joslin	Turnbull	Richmond Gymnastics
Amberly	Maslanka	Langley Gymnastics Foundation	Lara	Ferreira	Richmond Gymnastics
Ava	Sajan	Langley Gymnastics Foundation	Mia	Petrovs	Richmond Gymnastics
Brooklyn	Dosange	Langley Gymnastics Foundation	Samantha	Ricard	Richmond Gymnastics
Brynn	Toews	Langley Gymnastics Foundation	Scottie	Lemay	Richmond Gymnastics
Cora	Pena	Langley Gymnastics Foundation	Sofia	Frenkel	Richmond Gymnastics
Ella	Pennock	Langley Gymnastics Foundation	Zoe	Phan	Surrey Gymnastic Society
Emma	Gulliford	Langley Gymnastics Foundation	Ava	Barnett	Twisters Gymnastics
Evelina	Ahapova	Langley Gymnastics Foundation	Katsia	Bah Jean	Twisters Gymnastics
Janice	Tabouna	Langley Gymnastics Foundation	Lena	Dhaliwal	Twisters Gymnastics
Kinley	Connor	Langley Gymnastics Foundation	Ryah	Horton	Twisters Gymnastics

WAG CCP 5

Charlotte	Isopo	Balance Gymnastics	Riley	Woollam	Flicka Gymnastics Club
Chloe	Retsos	Balance Gymnastics	Sian	Stevenson	Flicka Gymnastics Club
Ella	Sedlak	Balance Gymnastics	Finley	Martin	Inspire Sports Victoria
Maya	Sedlak	Balance Gymnastics	Khadijah	Kalyan	Inspire Sports Victoria
Alyse	Aydon	Campbell River Gymnastics	Livia	Rebello	Inspire Sports Victoria
Linnea	Jones	Campbell River Gymnastics	Calla	Janzen	KGTC
Amelia	Tessarolo	Flicka Gymnastics Club	Kate	Mackay	Langley Gymnastics Foundation
Molly	Barisoff	Flicka Gymnastics Club	Makenna	Sellers	Langley Gymnastics Foundation
Morgan	Fenyedi	Flicka Gymnastics Club	Ryleigh	Mcmartin	Langley Gymnastics Foundation
Natalie	Friend	Flicka Gymnastics Club			

WAG CCP 6

Adele	France	Balance Gymnastics	Mila	MacDonald-Kee	Duncan Dynamics Gymnastics
Blythe	Timlin	Balance Gymnastics	Chelsea	Ward	Falcon Gymnastics
Avery	McColl	Campbell River Gymnastics	Elena	Shimamura	Falcon Gymnastics
Chloe	Stewart	Campbell River Gymnastics	Lucy	Bono	Falcon Gymnastics
Hannah	Thomas	Campbell River Gymnastics	Makena	Kauffman	Falcon Gymnastics
Jaycee	LaFrance	Campbell River Gymnastics	Satsuki	Macnaughton	Falcon Gymnastics
Lacey	Palmer	Campbell River Gymnastics	Simone	Murdock	Falcon Gymnastics
Lila	Tree	Campbell River Gymnastics	Hayley	Brown	Flicka Gymnastics Club
	McGuffie-		Isabella	Muraro Recio	Flicka Gymnastics Club
Miwa	Ogasawara	Campbell River Gymnastics	Lucia	Orozco Cabre-	Flicka Gymnastics Club
Sophie	Pallan	Campbell River Gymnastics		ra	
Parker	Alexander	Chimo Gymnastics	Mila	King	Flicka Gymnastics Club
Haven	Carr	Duncan Dynamics Gymnastics	Simone	Habib	Flicka Gymnastics Club
Juliet	McDaniel	Duncan Dynamics Gymnastics	Victoria	Tolentino	Flicka Gymnastics Club

Andrea	Francu	Flip City Gymnastics	Ava	Baldinger	Prince George Gymnastics
Harley	Wood	Flip City Gymnastics	Bennett	Buskermolen	Prince George Gymnastics
	Michalopou-		Emma	Baldinger	Prince George Gymnastics
Ivy	los	Flip City Gymnastics	Hannah	Baldinger	Prince George Gymnastics
Kali	Walker	Flip City Gymnastics	Mackenzey	Schmidt	Prince George Gymnastics
Kaylin	Brisbin	Flip City Gymnastics	Mariah	Phang	Prince George Gymnastics
Kennedy	Wong	Flip City Gymnastics	Starlynn	Elmquist	Prince George Gymnastics
Kiyana	Gatto	Flip City Gymnastics	Zoe	Fortin	Prince George Gymnastics
Kolbie	Jensen	Flip City Gymnastics	Emily	Dupont	Richmond Gymnastics
Mackenzie	Jordan	Flip City Gymnastics	Linnea	Hartfiel	Richmond Gymnastics
Maya	Messenberg	Flip City Gymnastics	Angela	Caloz	Surrey Gymnastic Society
Melanie	Francis	Flip City Gymnastics	Ayia	Punzalan	Surrey Gymnastic Society
Sophia	Berglind	Flip City Gymnastics	Cierra	Meredith	Surrey Gymnastic Society
Addison	Krompocker	Inspire Sports Victoria	Keira	Etminan	Surrey Gymnastic Society
Bria	Cady	Inspire Sports Victoria	Krysta	Grenkow	Surrey Gymnastic Society
Savannah	Rados	Inspire Sports Victoria	Nia Kaur	Gill	Surrey Gymnastic Society
Adison	Thompson	KGTC	Summer	Etminan	Surrey Gymnastic Society
Brianna	Snow	KGTC	Tegan	Ziprick	Surrey Gymnastic Society
Chloe	Reed	KGTC	Alexandria	Thai	Twisters Gymnastics
Freyja	Steinsland	KGTC	Anna	Neufeld	Twisters Gymnastics
Kaycee	Brodie	KGTC	Ashoreena	Youkhana	Twisters Gymnastics
Mya	Oloresisimo	KGTC	Ebony	Bracewell	Twisters Gymnastics
Ariel	Chan	Langley Gymnastics Foundation	Emma	Allan	Twisters Gymnastics
Cara	Hinds	Langley Gymnastics Foundation	Hannah	Christensen	Twisters Gymnastics
Carys	Reitsma	Langley Gymnastics Foundation	Kiera	Hollman	Twisters Gymnastics
Chloe	Shen	Langley Gymnastics Foundation	Kinley	Geddert	Twisters Gymnastics
Emma	Tran	Langley Gymnastics Foundation	London	O'Reilly	Twisters Gymnastics
Isabella	Samra	Langley Gymnastics Foundation	Maleah	Heppner	Twisters Gymnastics
Mackenzie	Gustafson	Langley Gymnastics Foundation	Raeah	Jewett	Twisters Gymnastics
Sarah	Lowe	Langley Gymnastics Foundation	Samantha	Lin	Twisters Gymnastics
Sophia	Schoeber	Langley Gymnastics Foundation	Teagan	Christensen	Twisters Gymnastics
Zoey	Wright	Langley Gymnastics Foundation	Alexa	Maxwell	Whistler Gymnastics
Aubriana	Guitierrez	Northpointe Gymnastics	Juno	Buhler	Whistler Gymnastics
Avery	Nye	Northpointe Gymnastics	Sadie	Richer	Whistler Gymnastics
Eliora	Bertsch	Northpointe Gymnastics	Abby	Hall	Yellowknife Gymnastics Club
Natalie	Hulstrom	Northpointe Gymnastics	Annabella	Churchill	Yellowknife Gymnastics Club
Presley	Holmes	Northpointe Gymnastics	Ava	Thompson	Yellowknife Gymnastics Club
Quinn	Backus	Northpointe Gymnastics	Charlotte	Churchill	Yellowknife Gymnastics Club
Abi	Popovic	Prince George Gymnastics	Georgia	Ridgely	Yellowknife Gymnastics Club
Addison	Jurista	Prince George Gymnastics	Malia	Williams	Yellowknife Gymnastics Club

WAG CCP 7

Grace	Fraser	Campbell River Gymnastics	Ebonie	Shrestha	Falcon Gymnastics
Haylee	Toohey	Campbell River Gymnastics	Marina	Rendle	Falcon Gymnastics
Isobel	Read	Campbell River Gymnastics	Robyn	Shera	Falcon Gymnastics
Jade	Schau	Chimo Gymnastics	Emma	Ektefaie	Flicka Gymnastics Club
Kayla	Haslam	Chimo Gymnastics	Kiera	Hung	Flicka Gymnastics Club
Daija	Ritskes	Duncan Dynamics Gymnastics	Scarlett	Sheedy	Flicka Gymnastics Club
Yasmin	Foo	Duncan Dynamics Gymnastics	Danica	Rutherford	Flip City Gymnastics
Calliope	Jewkes	Falcon Gymnastics	Keira	Dutschek	Flip City Gymnastics

Marley	Jerome	Flip City Gymnastics	Katie	Mahill	Northpointe Gymnastics
Mollie	Dinesen	Flip City Gymnastics	Cheyenne	Choo	Powell River Gymnastics
Payton	Coleman	Flip City Gymnastics	Elise	English	Powell River Gymnastics
Vedika	Singh	Flip City Gymnastics	Ana	Davis	Prince George Gymnastics
Amira	Rudnycka	Inspire Sports Victoria	Brianna	Perry	Prince George Gymnastics
Audra	Stewart	Inspire Sports Victoria	Danielle	Bobbie	Prince George Gymnastics
Charlotte	Holfeld	Inspire Sports Victoria	Kairi	Reiffarth	Prince George Gymnastics
Flora	Campbell	Inspire Sports Victoria	Kathryn	Bauman	Prince George Gymnastics
Lillianna-			Khloe	Spencer	Prince George Gymnastics
Claire	Jaeger	Inspire Sports Victoria	Paige	Dobrowney	Prince George Gymnastics
Marielle	Isidro	Inspire Sports Victoria	Sophia	Schwab	Prince George Gymnastics
Scarlett	Gillis	Inspire Sports Victoria	Anika	Addison	Richmond Gymnastics
Chloe	Boucher	KGTC	Hailey	Liu	Richmond Gymnastics
Saoirse	Van-		Kensie	Riddell	Richmond Gymnastics
	werkhoven	KGTC	Meher	Bains	Richmond Gymnastics
Aria	Roy	Langley Gymnastics Foundation	Mira	Hartfiel	Richmond Gymnastics
Arwen	Ma	Langley Gymnastics Foundation	Dinea	Usison	Surrey Gymnastic Society
Eleanor	Hamilton	Langley Gymnastics Foundation	Gunika	Khanna	Surrey Gymnastic Society
Emma	Shi	Langley Gymnastics Foundation	Alexis	Frison	Twisters Gymnastics
Kayah	Leung	Langley Gymnastics Foundation	Breanna	Jones	Twisters Gymnastics
Khloie	Tokarek	Langley Gymnastics Foundation	Eden	Gurevich	Twisters Gymnastics
Madeleine	Gassien	Langley Gymnastics Foundation	Hailey	Riehl	Twisters Gymnastics
Maya	Isabelle	Langley Gymnastics Foundation	Hannah	Ikeda	Twisters Gymnastics
Olivia	Flint	Langley Gymnastics Foundation	Zoe	Rodenburg	Twisters Gymnastics
Peyton	Hinds	Langley Gymnastics Foundation	Georgia	Eccles	Whistler Gymnastics
Abby	Doyle	Nanaimo Gymnastics School	Kirra	Douglas	Whistler Gymnastics
Blake	Fudge	Nanaimo Gymnastics School	Maya	Langdale	Whistler Gymnastics
Myrin	Fisher	Nanaimo Gymnastics School	Parker	Watts	Whistler Gymnastics
Abigail	Lunceford	Northpointe Gymnastics	Ruby	McLatchie	Whistler Gymnastics
Alexa	Vierck	Northpointe Gymnastics	Sienna	Osborn	Whistler Gymnastics
Amara	Starr	Northpointe Gymnastics			

WAG CCP 8

Polly	Klipa	Campbell River Gymnastics	Alisa	Radaeva	Langley Gymnastics Foundation
Rihanna	Dill	Campbell River Gymnastics	Carrie	Zhong	Langley Gymnastics Foundation
Maika	Jay	Duncan Dynamics Gymnastics	Julia	Penny	Langley Gymnastics Foundation
Isla	Robbins	Falcon Gymnastics	Kyla	Macdonald	Langley Gymnastics Foundation
Jayla	Chow	Falcon Gymnastics	Brooklyn	Cox	Nanaimo Gymnastics School
Maile	Chow	Falcon Gymnastics	Emmelyn	Szopa	Nanaimo Gymnastics School
Nora	Woynillowicz	Falcon Gymnastics	Laila	Evans	Northpointe Gymnastics
Amelia	Sigston	Flicka Gymnastics Club	Payton	Richardson	Northpointe Gymnastics
Anais	Coen	Flicka Gymnastics Club	Sophia	Fabel	Northpointe Gymnastics
Meghan	Duff	Flicka Gymnastics Club	Alencia	Graham	Prince George Gymnastics
Taylor	Duess	Flicka Gymnastics Club	Marissa	Hawkes	Prince George Gymnastics
Olivia	Rensen	Flip City Gymnastics		Amezquita-	
Ainsley	Hrycuik	Inspire Sports Victoria	Camila	Hernandez	TAG Sports Centre
Brylee	Apted	Inspire Sports Victoria	Elle	Fenton	TAG Sports Centre
Julia	Faerber	Inspire Sports Victoria	Hayley	Halstead	TAG Sports Centre
Marina	Malawsky	Inspire Sports Victoria	Natalie	Tan	TAG Sports Centre
Sophia	Pickwick	Inspire Sports Victoria	Rebecca	Campbell	TAG Sports Centre

Sky	Phillips	TAG Sports Centre	Jenna	Comeau	Twisters Gymnastics
Emily	Butte	Twisters Gymnastics		Garcia-	
Emily	Hajiadem	Twisters Gymnastics	Maya	MacDonald	Twisters Gymnastics

WAG CCP 9

Ava	Herschler	Campbell River Gymnastics	Nika	Vanstone	Langley Gymnastics Foundation
Rayne	Loock	Campbell River Gymnastics	Sam	Wright	Langley Gymnastics Foundation
Taelyn	Stuve	Chimo Gymnastics	Summer	Wood	Langley Gymnastics Foundation
Eva	Patterson	Club Aviva	Mila	Stjepanovic	Nanaimo Gymnastics School
Valentina	Matica	Club Aviva	Tatum	DeSchutter	Nanaimo Gymnastics School
Adrianna	Lee	Flicka Gymnastics Club	Alayah	Richardson	Northpointe Gymnastics
Emma	Szalontai	Flicka Gymnastics Club	Chachi	Kopsho	Northpointe Gymnastics
Julianne	Glowacki	Flicka Gymnastics Club	Hunter	Dalke	Northpointe Gymnastics
Kira	Loreza-Finney	Flicka Gymnastics Club	Leah	Adams	Northpointe Gymnastics
Taylor	Dyck	Flicka Gymnastics Club	Micaiah	Adams	Northpointe Gymnastics
Makenna	Gatto	Flip City Gymnastics	Tennyson	Leiby	Northpointe Gymnastics
Ava-Marie	Jaeger	Inspire Sports Victoria	Naomi	Tsang	Richmond Gymnastics
Dawsyn	Blaikie	Inspire Sports Victoria	Adriana	Garbe	TAG Sports Centre
Elly	Martin	Inspire Sports Victoria	Anastasia	Korenkova	TAG Sports Centre
Tonique	Halliman	Inspire Sports Victoria	Clara	Fretwell	TAG Sports Centre
Emily	Van	KGTC	Locklyn	Last	TAG Sports Centre
	Roosbroeck		Mattea	Martires	TAG Sports Centre
Audrey	Bodnark	Langley Gymnastics Foundation	Sanne-Lise	Garbe	TAG Sports Centre
Emily	Klenin	Langley Gymnastics Foundation	Sienna	Lee	TAG Sports Centre
Josie	Maryshak	Langley Gymnastics Foundation	Sophia	Nasser	TAG Sports Centre
Makayla	Roy	Langley Gymnastics Foundation	Vienna	Howes	Twisters Gymnastics

WAG CCP 10

Brooklyn	Steinfert	Club Aviva	Mylah	Vanden-Elsen	Nanaimo Gymnastics School
Jayne	Carvell	Flicka Gymnastics Club	Hadley	Palmerton	Northpointe Gymnastics
Sarah	Saeni-Whittred	Flicka Gymnastics Club	Mya	Jett Brown	Northpointe Gymnastics
			Leah	Chen	Richmond Gymnastics
Keira	Leibel	Inspire Sports Victoria	Arielle	Nasser	TAG Sports Centre
Lucia	Scott	Inspire Sports Victoria	Vanessa	Wilson	TAG Sports Centre
Paige	Hall	Inspire Sports Victoria	Sarah	Couture	Tumblers Gymnastics Center
Amelie	Shea	Langley Gymnastics Foundation	Kennedy	Fast	Twisters Gymnastics
Makenzie	Grant	Langley Gymnastics Foundation			



MAG Athletes

MAG LEVEL 1

Alistair	Provost	Delta Gymnastics Society	Kesler	Wong	Langley Gymnastics Foundation
Cedar	Strub	Delta Gymnastics Society	Koa	Braithwaite	Langley Gymnastics Foundation
Haven	Kan	Delta Gymnastics Society		Mahmood	
Jason	Ahrens	Delta Gymnastics Society	Logan	Bilodeau	Langley Gymnastics Foundation
Brayden	Crossland	Exelta Gymnastics	Lucas	Koehn	Langley Gymnastics Foundation
Oscar	Latos	Exelta Gymnastics	Lynden	Sorge	Langley Gymnastics Foundation
Andrey	Nazarov	Flicka Gymnastics Club	Mark	Grynin	Langley Gymnastics Foundation
Connor	Fabische	Flicka Gymnastics Club	Maxim	Shyryaev	Langley Gymnastics Foundation
Erick	MacGregor	Flicka Gymnastics Club	Milan	Gazo-	Langley Gymnastics Foundation
John	Surine	Flicka Gymnastics Club		Dobrianski	
Nicholas	Dew	Flicka Gymnastics Club	Oliver	Cowan	Langley Gymnastics Foundation
Amir	Saidaminov	Inspire Sports Victoria	Ryan	Rahgozer	Langley Gymnastics Foundation
Athanase	Tamalet	Inspire Sports Victoria	Stark	Fruson	Langley Gymnastics Foundation
Joseph	Goehner	Inspire Sports Victoria	Luca	Andreae	Powell River Gymnastics
Kainoa	Laudi	Inspire Sports Victoria	Nile	Worthen	Powell River Gymnastics
Kion	Thomson	Inspire Sports Victoria	Colton	McLachlan	Prince George Gymnastics
Liam	Hallmark	Inspire Sports Victoria	Aarav	Jain	Surrey Gymnastic Society
Oliver	Hope	Inspire Sports Victoria	Attila	Kovacs	Twisters Gymnastics
Quentin	Dentremont	Inspire Sports Victoria	Elliott	Sparrow	Twisters Gymnastics
Xavier	Verrier	Inspire Sports Victoria	Govind	Khangura	Twisters Gymnastics
Booker	Harms	Kelowna Gymnastix	Tristan	Howes	Twisters Gymnastics
Ivan	Brandsma	Kelowna Gymnastix	Alexander	Aktas	Vancouver Phoenix Gymnastics
Maddox	Van Beveren	Kelowna Gymnastix	Daniil	Lebedev	Vancouver Phoenix Gymnastics
Ryan	Stone	Kelowna Gymnastix	Jacob	Fei	Vancouver Phoenix Gymnastics
Aries	Prescilla	Langley Gymnastics Foundation	Kyler	Shim	Vancouver Phoenix Gymnastics
Davis	Leckie	Langley Gymnastics Foundation	Neil	Moseley	Vancouver Phoenix Gymnastics
Evan	Demykin	Langley Gymnastics Foundation	Raphael	DLima	Vancouver Phoenix Gymnastics
Junyoung	Jeong	Langley Gymnastics Foundation	Rockwell	Gabriel-Yu	Vancouver Phoenix Gymnastics

MAG LEVEL 2

Lane	Keeping	Campbell River Gymnastics	Greyson	Bailey	Langley Gymnastics Foundation
Ryan	Easterbrook	Campbell River Gymnastics	Jameson	Foote-	Langley Gymnastics Foundation
Emmett	Strub	Delta Gymnastics Society		Macleod	
Nicolas	Ahrens	Delta Gymnastics Society	Jaxon	Garbe	Langley Gymnastics Foundation
Owen	Delmaire	Delta Gymnastics Society	Maxwell	Von Broemb-	Langley Gymnastics Foundation
Liam	Crossland	Exelta Gymnastics		sen	
Bruno	Aguinsky	Flicka Gymnastics Club	Noah	Bona	Langley Gymnastics Foundation
Lucas	Mclelland	Flicka Gymnastics Club	Oliver	Wieler	Langley Gymnastics Foundation
Adam	Ensing-Archer	Inspire Sports Victoria	Takaharu	Kagami	Langley Gymnastics Foundation
Alexander	Ayres	Inspire Sports Victoria	Tiberius	Fung	Langley Gymnastics Foundation
Jules	Mali	Inspire Sports Victoria	Charlie	Winchell	Powell River Gymnastics
Weston	Van Gylswyk	Inspire Sports Victoria	Arnav	Puri	Surrey Gymnastic Society
Caiden	Bilodeau	Langley Gymnastics Foundation	Ibraheem	Larbes	Surrey Gymnastic Society
Cody	Erikson	Langley Gymnastics Foundation	Javier	Zuniga	Surrey Gymnastic Society

Jaxson	Van Der Elst	Twisters Gymnastics	Jacob	Do	Vancouver Phoenix Gymnastics
Beckett	Simon	Vancouver Phoenix Gymnastics	Yochi	Kao	Vancouver Phoenix Gymnastics
Christian	Darby	Vancouver Phoenix Gymnastics			

MAG LEVEL 3

Jordan	Jones	Delta Gymnastics Society	Nolan	Hawkes	Prince George Gymnastics
Keanan	Morcilla	Delta Gymnastics Society	Owen	Schwab	Prince George Gymnastics
Ilya	Tomin	Flicka Gymnastics Club	Phoenix	Thibodeau	Prince George Gymnastics
Kian	Bristowe	Flicka Gymnastics Club	Therin	Morgan	Prince George Gymnastics
Ben	Wardle	Inspire Sports Victoria	Alex	Johnson	Surrey Gymnastic Society
Matthew	Cady	Inspire Sports Victoria	Matthew	Zhang	Surrey Gymnastic Society
Micah	Nguyen	Inspire Sports Victoria	Joshua	Hung	TAG Sports Centre
Brayden	Renou	Kelowna Gymnastix	Quintin	Redekop	Twisters Gymnastics
Brandon	Smith	Langley Gymnastics Foundation	Aiden	Chong	Vancouver Phoenix Gymnastics
Carter	Sellers	Langley Gymnastics Foundation	August	Dadson	Vancouver Phoenix Gymnastics
Desmond	Palframan	Langley Gymnastics Foundation	Griffin	Wolfe	Vancouver Phoenix Gymnastics
Everett	Lyth	Langley Gymnastics Foundation	Jacob	Yeung	Vancouver Phoenix Gymnastics
Graydon	O'Reilly	Langley Gymnastics Foundation	James	Pon	Vancouver Phoenix Gymnastics
James	Massaro	Langley Gymnastics Foundation	Max	Walmsley	Vancouver Phoenix Gymnastics
Zaide	Dutka	Langley Gymnastics Foundation	Raphael	Yuen	Vancouver Phoenix Gymnastics
Georgii	Nabokov	Pacific Shore Gymnastics	Teo	Silins	Vancouver Phoenix Gymnastics
Jasper	Fruhling	Pacific Shore Gymnastics	Theo	Ramsey	Vancouver Phoenix Gymnastics

MAG LEVEL 4

Micheal	Sader	Campbell River Gymnastics	Daniel	Hung	TAG Sports Centre
Daniel	Delf	Delta Gymnastics Society	Parker	Rowell-Laferriere	Twisters Gymnastics
Kyan	Ashley	Delta Gymnastics Society			
Gavino	Agius-Mantello	Inspire Sports Victoria	Rendall	Nielsen	Twisters Gymnastics
			Elijah	Coggan	Vancouver Phoenix Gymnastics
John	Shaw	Inspire Sports Victoria	Jett	Wu	Vancouver Phoenix Gymnastics
Tobi	Faerber	Inspire Sports Victoria	Leon	Porter	Vancouver Phoenix Gymnastics
Carson	Rein	Kelowna Gymnastix	Logan	Velisek	Vancouver Phoenix Gymnastics
Marshall	Henderson	Kelowna Gymnastix	Miles	Hii	Vancouver Phoenix Gymnastics
Kayden	Sorge	Langley Gymnastics Foundation	Nathaniel	Hung	Vancouver Phoenix Gymnastics
Kiran	Nadkarni	Pacific Shore Gymnastics	Noah	Wood	Vancouver Phoenix Gymnastics
Colton	Bellec	Surrey Gymnastic Society	Warner	Neill	Vancouver Phoenix Gymnastics
Christopher	Hung	TAG Sports Centre			

MAG LEVEL 5

Christian	Mattheys	Delta Gymnastics Society	Jai	Mehta	Surrey Gymnastic Society
Avery	Kuhn	Exelta Gymnastics	Quentin	Foster	Twisters Gymnastics
Aly	Ibrahim	Langley Gymnastics Foundation	Toby	Wood	Vancouver Phoenix Gymnastics

MAG NATIONAL OPEN

Cole	Solomons	Inspire Sports Victoria	Lachlan	DeFouw	KGTC
Jack	Dompierre	Inspire Sports Victoria	Alexei	Lobaznyuk	Langley Gymnastics Foundation
Owen	Magraken	Inspire Sports Victoria	Dawson	Wood	Langley Gymnastics Foundation

Griffin	Wallan	Langley Gymnastics Foundation	Tristan	Fast	Twisters Gymnastics
Jevin	Blanchard	Langley Gymnastics Foundation	Aries-Zion	Deza	Vancouver Phoenix Gymnastics
Will	Wright	Langley Gymnastics Foundation	Elan	States	Vancouver Phoenix Gymnastics
Aidan	Pifer	Twisters Gymnastics	Everett	Andres	Vancouver Phoenix Gymnastics
Nikita	Arendarenko	Twisters Gymnastics	Lucas	Liu	Vancouver Phoenix Gymnastics
Reehan	Bradshaw	Twisters Gymnastics			

MAG ASPIRE & JUNIOR

Keagan	Cousins	Twisters Gymnastics	Nicholas	Hajiadem	Twisters Gymnastics
Kohen	Ikeda	Twisters Gymnastics	Sage	Stelmack	Twisters Gymnastics
Lukas	Kussmann	Twisters Gymnastics			

MAG INTERCLUB PERFORMANCE & PERFORMANCE PLUS

Ethan	Trinh	Delta Gymnastics Society	Julian	Vidal	Twisters Gymnastics
Ren	Zaitsoff	Delta Gymnastics Society	Kaiyus	Grewal	Twisters Gymnastics
Warrick	Cha	Delta Gymnastics Society	Taiyo	Knudsen	Twisters Gymnastics
Declan	Brown	Twisters Gymnastics	Tysae	Grewal	Twisters Gymnastics
Declan	Brandsma	Twisters Gymnastics	Tyson	Pifer	Twisters Gymnastics
Jaxon	Pifer	Twisters Gymnastics			

KScore



Rotations



Results

 **Total Conditioning and Osteopathy**
MOVEMENT IS MEDICINE



Adam is registered kinesiologist with the British Columbia Association of Kinesiologists (BCAK) and holds the designation of Manual Osteopathic Therapist from the Canadian Manual Osteopathy Therapists Association (CMMOTA).

He is committed to optimizing athletic performance and holistic well-being, utilizing Manual Osteopathic Therapy.

Adam has a special interest in Visceral Treatment and cranial manipulation, anxiety/depression, ADHD, and neural dysfunction. While also treating common injuries such as chronic pain, pelvic dysfunction, TMJ, migraines and chronic headaches, muscle and movement imbalances, fibromyalgia, shoulder, knee and ankle injuries.



LGF History

Langley Gymnastics Foundation (LGF) was created in 1991 by an ambitious group of parent volunteers. The purpose of this organization was aimed towards providing quality gymnastics instruction for all recreational and competitive athletes in our community.

On August 5th, 1992, tragedy struck the gymnastics community when athlete Christy Fraser unexpectedly passed away at the age of 12. Upon her passing, a Memorial Fund was created in Christy's name. The fund was used to purchase much needed equipment for Children's Hospital and also helped to purchase equipment for LGF.

To this day Lory Fraser, Christy's mom and founding member of LGF, continues to support the club as the CFMI Board Representative and a volunteer for the Christy Fraser Memorial Invitational. She watches every session at the competition to find athletes who demonstrate a positive, determined and supportive attitude, just like Christy.

In 2009 Langley Gymnastics Foundation was made a partner at the Langley Events Center. This investment moved LGF from a 6,000 square foot facility to a 20,000 square foot space, making it the largest facility in BC. This also put LGF in an ideal location to serve families in Langley and surrounding cities.

Langley Gymnastics Foundation is proud to offer a variety of artistic gymnastics programming— from recreational to high performance competitive men's and women's gymnastics. We support the community by offering a unique Tumble Kids preschool program, a foundations programs for children with special needs, adult gymnastics, Seniors Can Move for our aging population, and popular camps and drop-in programs.

Last year, we successfully started our LGF Community Outreach Fund, which provided free gymnastics programming to youth in the community that have limited opportunities to participate in extra-curricular activities. We are proud to continue this fund through proceeds from our events such as CFMI.

We are very proud of our accomplishments as we continue to live by our motto:

"What I Believe, I Can Achieve!"



LGF Board of Directors 2023-2024

Vendors



Official supplier for Gymnastics Canada, selling gymnastics apparel and accessories.



On-site custom event apparel for both CFMI and Elite Canada 2024.



Amazing cotton candy in over 50 unique flavours!



Gourmet healthy meal solutions.

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Sustainable healthy living products, including the ever-popular EnergyFizz sticks.



Hat bar, engraved tumblers, wood ornaments, and more.



Handmade bath and body products specializing in uniquely crafted bath bombs.

The Crafty Flamingo Flock

Hand-crafted knitting and crochet scarves, messy bun hats, key-chains, headbands, amigurumi plushies, tea towels and much more.



Hypoallergenic hair glitter gel.



ON BEHALF OF LANGLEY GYMNASTICS FOUNDATION,
WE WANT TO THANK YOU
FOR YOUR CONTINUED SUPPORT!

cfmi

CHRISTY FRASER MEMORIAL INVITATIONAL
FEBRUARY 16-19, 2024